

Spectrum Health Rehab and Nursing Centers Subacute Inpatient Rehabilitation

Kalamazoo Ave. Campus: January 1, 2020 to December 31, 2020

About the Program

As the only skilled nursing facility in West Michigan to be accredited by CARF (Commission on Accreditation of Rehabilitation Facilities) for medical rehabilitation, the program meets internationally recognized standards in rehabilitation to provide you or your loved one with patient-centered and outcome focused interdisciplinary care. The program has held this accreditation for over 30 years and has specialty accreditation in stroke and brain injury rehabilitation.

With a goal of returning people served to community-based living environments, we discharged **619** people in 2020. Of those, 78% were able to return home or to community-based living. The program has a low return to hospital rate compared to other skilled nursing facilities nationwide.

Contact Information

For additional information, referrals or to schedule a tour, please contact:

**Spectrum Health Rehab and Nursing Center
Inpatient Subacute Rehabilitation Program
4118 Kalamazoo Ave.
Grand Rapids, MI 49508
616.486.3042**

Check out our [virtual tour](https://www.spectrumhealth.org/patient-care/rehabilitation/inpatient-subacute-rehabilitation1) at:
<https://www.spectrumhealth.org/patient-care/rehabilitation/inpatient-subacute-rehabilitation1>



“I’ve come such a long way and I can’t thank the Spectrum Health staff enough. I am honored and happy to be in their care.”

Outcomes/Benefits to Person Served

The program uses a nationally recognized outcome tool called the Activity Measure for Post-Acute Care (AM-PAC). This tool measures each patient’s abilities at the time of admission, and again at discharge, to see if there is improvement in skills such as getting in and out of bed, getting dressed, moving about, and performing personal hygiene. Program AM-PAC data for 2020 showed a ‘change per day’ of .79 points, indicating that mobility and daily living skills are improving each day of rehabilitation treatment.

Patient Satisfaction:

Likelihood to recommend this program: 82%
Patients stating they felt prepared for discharge: 88%
Average Length of Stay for all patients: 14 days
Range of Stay: 1 – 87 days

Age Range	#	Race/Ethnicity	#
0 to 17	0	Asian	6
18 to 40	7	African American	78
41 to 65	100	Hispanic/Latino	6
66 to 85	329	Islander	0
85 +	122	Caucasian	464
Primary Diagnostic Groups		#Patients Served	
Acquired Brain Injury		9	
Stroke		56	
Orthopaedic Conditions		102	
Major Trauma w/o TBI/SCI		7	
Lower Extremity Amputation		4	
Pulmonary/Cardiac		18	
Medically Complex/Debility		362	

As an integrated health delivery system, Spectrum Health recognizes that people have unique rehabilitation needs following injury or illness. We offer a full continuum of rehabilitation services to support you or your family member's rehabilitation needs every step of the recovery process.



Staff Expertise

The program has a long history of providing comprehensive rehabilitation programming, including specialized services following severe traumatic brain injury and stroke. Program leaders and staff are involved with their professional organizations, clinical teaching opportunities, and advocacy groups, including:

- Michigan Brain Injury Provider Council
- Brain Injury Association of Michigan
- Academy of Certified Brain Injury Specialists (ACBIS)

This program has over 35 staff that have participated in the Brain Injury Association of America's *Academy of Certified Brain Injury Specialists* training programs, demonstrating a commitment to providing high quality, evidence-based neuro rehabilitation to the people we serve.

