Services

- Acupuncture
- Electrodiagnostic studies
- Management of acute and/or chronic pain that may be related to:
  - Arthritis
  - Cancer
  - Complex regional pain syndrome
  - Fibromyalgia
  - Herniated disc
  - Lower back pain and injuries
- Medication
  - Botox injections
  - Fluoroscopy guided:
    - Epidural steroid injections
    - Radiofrequency ablation
    - Spinal cord stimulation
  - Neck pain
  - Non-migraine headache
  - Peripheral neuropathy
  - Shingles
  - Other pre- and post-operative conditions
  - Peripheral nerve blocks
- Medication optimization*
- Pain psychology (cognitive and behavioral therapy)
- Patient education
- Referrals for physical or occupational therapy
- Surgical interventions including:
  - Complex spine
  - Deformity correction (adult)
  - Discectomy
  - Foraminotomy
  - Fusion (single and multi-level)
- Lower back pain and injuries
- Tumor resection

* If your patient requires ongoing medication management upon treatment with us, we will optimize the medication and advise you on how to manage it with the patient moving forward.

With back pain recognized as the single most common physical condition for which patients visit their doctor, our goal is to support you in providing the very best care for these patients.

We offer the only comprehensive, interdisciplinary program in West Michigan with the entire care team together, in one location, to ensure functional recovery for each patient using the therapies most appropriate for their condition and unique needs.

Our expertise allows successful treatment of a diverse range of spinal conditions, including the most complex. A unique intake process matches each patient with most appropriate specialist who coordinates his or her entire treatment plan.

Our main outpatient location is Grand Rapids, with an additional spine surgery clinic in Greenville. Inpatient elective spinal surgery is performed at Blodgett Hospital in Grand Rapids.

Referrals and Consultations
616.774.8345
Fax 616.774.8350
EPIC
Michigan Health Connect (MHC)
Referral Form
spectrumhealth.org/neuromd

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1 Spine & Pain Management Center
1900 Wealthy St. SE, Suite 290, Grand Rapids

2 Blodgett Hospital
1840 Wealthy Street SE, Grand Rapids

Physical Therapy
Multiple locations include: Allendale, Big Rapids, Cullerville, East Grand Rapids, Evart, Fremont, Grand Rapids, Grandview, Greenville, Holland, Lakeview, Ludington, Newaygo, Reed City, Rockford, Sparta, Stanwood, Wyoming, Zeeland
Spine & Pain Management Center Team

Hayden M.K. Boyce, MD, FAANS, FACS
Medical Education: New York University School of Medicine
Residency: Henry Ford Hospital
Board Certification: Neurosurgery

Nuala Crotty, MD
Chief, Section of Outpatient Rehabilitation
Medical Education: University College Cork, Ireland
Residency: The University of Texas Health Science Center
Fellowship: Musculoskeletal Rehabilitation, Mayo Clinic
Board Certification: Physical Medicine and Rehabilitation

Aashish Dashputha, MD, FAAPMR
Medical Education: Wayne State University School of Medicine
Residency: Rehabilitation Institute of Michigan, Detroit Medical Center
Board Certification: Physical Medicine and Rehabilitation

Mike Distle, MD
Medical Education: Tokyo Medical College of Medicine
Residency: MetroHealth Medical Center, Case Western Reserve University
Board Certification: Physical Medicine and Rehabilitation

Carl Thomas Hinshaw, MD
Medical Education: Wayne State University School of Medicine
Residency: Detroit Medical Center, Wayne State University
Fellowship: Pain Medicine, Wayne State University

Benjamin Gillespie, DO
Medical Education: Michigan State University College of Osteopathic Medicine
Residency: University of Minnesota
Board Certification: Physical Medicine and Rehabilitation

Sylvia Malene, PhD, LP
Doctoral Education: University of Detroit Mercy
Internship: John D. Dingell VA Medical Center, Detroit
Fellowship: Clinical Health Psychology, University of Texas-
Regional Medical Center, Michigan State University/Pine Area Medical Education

Patrick Mullan, DO
Medical Education: Lake Erie College of Osteopathic Medicine
Residency: Physical Medicine and Rehabilitation, Baylor College of Medicine/University of Texas

Sanjay E. Patra, MD, Msc
Postgraduate Education: University of Toronto
Medical Education: Loma Linda University School of Medicine
Residency: Henry Ford Hospital

Dominic Pollo, MD
(August, 2017)

Steven Petrovcs, MD
Medical Education: Chicago Medical School, Rosalind Franklin University of Medicine and Science
Residency: Detroit Medical Center, Wayne State University

Samir Rujani, MD, DABAM
Medical Education: Kasturba Medical College, India
Residency: Henry Ford Health System
Board Certification: Internal Medicine, Medical Acupuncture

Matthew Karak, MD
Medical Education: Michigan State University College of Human Medicine
Residency: Detroit Medical Center
Fellowship: Neurosurgery, Orthopaedic Spine Surgery, Cleveland Clinic

Christa Rector, MD
Medical Education: Ross University School of Medicine
Residency: Rehabilitation Institute of Michigan

What to Expect
Your patient will receive an initial contact from us within 24 to 48 business hours of referral receipt.
Urgent referrals, will result in a same-day scheduling call back.
To expedite the scheduling process, please obtain prior insurance authorization, if necessary based upon your patients insurance, prior to sending the referral.

Highlights
• Comprehensive evaluations by:
  − Physical medicine and rehabilitation
  − Pain medicine
  − Psychology
  − Spine surgery
• Weekly interdisciplinary clinical case management conferences