### Provider Guidelines for the Discontinuation of Severe Respiratory Precautions for Patients within COVID-19 – March 30, 2020 1700

Spectrum Health Contact: Gretchen Koeman

<table>
<thead>
<tr>
<th>Laboratory Confirmed COVID-19</th>
<th>Non-test based</th>
<th>Non-test based: Severely Immunocompromised</th>
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| At least 3 days (72 hours) have passed since recovery* AND Improvement in respiratory symptoms (e.g., cough, shortness of breath) AND At least 7 days have passed since symptoms first appeared | 21 days after the onset of COVID-19 symptoms AND At least 3 days (72 hours) have passed since recovery | Severely immunocompromised patients are defined by the following:  
  - Active chemotherapy  
  - Hematology malignancy with prolonged neutropenia  
  - Primary immunodeficiency  
  - History of bone marrow or solid organ transplant  
  - Active treatment for GVHD  
  - Daily prednisone or equivalent >2 mg/kg/day  
  - TNF inhibitor

*Recovery is defined as resolution of fever without the use of fever-reducing medications

Severely immunocompromised patients may have longer periods of SARS-CoV-2 RNA detection and prolonged shedding of infectious recovery. These groups may be contagious for longer than others.

Due to limited COVID-19 testing capacity, the non-test-based strategy is preferred to discontinue Severe Respiratory Precautions.

### Clinical Diagnosis of COVID-19 (no positive COVID-19 test results)

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**Meeting criteria for discontinuation of Severe Respiratory Precautions is not a prerequisite for discharged and should be based on clinical indication.**

If isolation can be discontinued, RN to refer to the COVID-19 Test Result Nursing Workflow to remove isolation from Epic and remove the Severe Respiratory Precautions sign from the patient door and alert the Hot Zone Boss.