COVID-19 Personal Protective Equipment Guidelines
4.3.2020 1230

Spectrum Health will provide PPE for team members based upon risk of exposure to COVID-19. Spectrum Health will allow team members to utilize commercially manufactured face masks or respirators from home if they meet or exceed patient isolation guidelines. In using PPE from home, a team member accepts the risk that it may not be adequate to protect you. See details in PPE from Home document.

### Clinical Context

<table>
<thead>
<tr>
<th>Aerosolizing procedures of suspected and confirmed COVID-19 patients*</th>
<th><strong>Required:</strong> N-95 respirator mask, PAPR or CAPR, face shield or goggles, gown and gloves</th>
</tr>
</thead>
<tbody>
<tr>
<td>Direct patient care with suspected and confirmed COVID-19 patients</td>
<td><strong>Required:</strong> Standard isolation mask or Spectrum Health reusable blue mask, face shield or goggles, gown and gloves</td>
</tr>
</tbody>
</table>
| All hospital and clinic settings (includes: hallways, work rooms, cafeteria, etc.) | **Required:** Standard isolation mask or Spectrum Health reusable blue mask (applicable to all staff).  
**Required:** Visitors allowed to enter our facilities are required to wear a mask. Homemade PPE for visitors is acceptable. |
| All other Spectrum Health settings (warehouse, business offices, Priority Health, etc.) | **Optional:** Homemade or isolation masks are acceptable in these settings. |

*Aerosolizing procedures, including but not limited to:
- Endotracheal intubation or extubation
- CPR
- Non-invasive ventilation: BiPAP/CPAP
- High flow nasal cannula
- Nebulizer treatment
- Bronchoscopy

Continue to follow transmission-based guidelines (e.g., *C.Diff*) as indicated. Follow guidelines for extended PPE usage.

*Note:* COVID-19 patients should wear a standard isolation mask if able when a team member is in room, or when being transported. Patients who request a mask should be given one.