

COVID-19 PPE Donning and Doffing Guidance 11.25.2020 1000

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		Donning PPE – Masks
1.	Sanitize hands	
2.	Don gown if needed	
3.	Don mask	Don appropriate mask per <u>mask guidelines</u> . 195
4.	If using N95 mask, perform seal check	 Must be fit tested to N95 mask model. If not fit tested, don 9205+ until fit test can be performed. Hands covering the mask, take a quick, deep breath. The face piece should collapse slightly. If any air leak is felt at the mask edges, perform hand hygiene, adjust straps by pulling along sides and/or reposition respirator. Repeat until no air leak is felt around mask edges.
5.	Sanitize hands	
6.	Don face shield or goggles	Consider labeling with name for reuse.
7.	Sanitize hands	



8.	Don gloves	

		Doffing PPE – Masks
1.	Doff gloves	
2.	Sanitize hands	
3.	Doff eye protection	Remove eye protection from back to front. Disinfect between uses with a hospital approved disinfectant.
4.	Sanitize hands	
5.	Remove gown	 Bend forward at waist. Keep chin elevated. Remove from back to front. Do not touch the outside of the gown.
6.	Sanitize hands	
7.	Remove mask	 Bend forward at the waist. Remove from back to front. Remove bottom strap, then top strap or one ear strap at a time depending on mask model. Mask should be stored in a safe storage area (example: paper bag, hook, Tupperware box with holes, or paper box)



8. Sanitize hands

		Donning PPE – PAPR
1.	Sanitize hands	
2.	Put on PAPR Belt/Backpack and hood. Keep standard isolation mask on.	
3.	Don gown	Make sure PAPR Belt/Backpack is under the gown
4.	Sanitize hands	
5.	Don gloves	

		Doffing PPE – PAPR
1.	Doff Gloves	
2.	Sanitize hands	
3.	Remove gown	 Bend forward at waist. Keep chin elevated. Remove from back to front. Do not touch the outside of the gown.



4.	Sanitize hands	
5.	Remove PAPR hood. Keep standard isolation mask on.	Keep chin elevated to avoid contact with chest. Remove PAPR hood off back to front. Hand to assistant or place in pink basin for disinfection
6.	Sanitize hands	
7.	Remove PAPR Belt/Backpack	Remove PAPR Belt/Backpack Hand to assistant or place in pink basin for disinfection
8.	Sanitize hands	

Tips for Safe PPE Use

- 1. Before donning PPE ensure PPE is not damaged and fits properly.
- 2. Remove PPE from BACK to FRONT.
- 3. Do NOT touch your face or hair with contaminated hands while doffing.
- 4. Be sure ALL PPE is removed in a controlled manner.
- 5. A clean pink basin is used to pass clean items into the patient's room; those clean contents and the inside of the basin should only be touched with clean gloved hands. Soiled items are passed out in a "dirty" basin. Disinfect the contents and the basin after each use.
- 6. Ensure an adequate amount of PPE is always available.
- 7. Coordinate patient care to minimize use of PPE.
- 8. Minimize time and duration patient door is open to hallway (review needed supplies to avoid extra hand offs).
- 9. Ensure equipment is cleaned after use (e.g. portable x-ray, ECG) using hospital-approved disinfectant.
- 10. A standard isolation mask must be worn under PAPR hood