

Ambulatory N-95 Respirator Fit Testing - December 23, 2020 1200

Spectrum Health contact: Debra Scheffler

Document reviewed: 12.23.20

N95 Respirator Fit Testing: Ambulatory

Based on recent updates to MIOSHA rules and CDC recommendations, all team members caring for COVID-19 positive patients or in prolonged close contact with suspected cases of COVID-19 are now required to wear an N95 respirator along with other COVID-19 related PPE. Prolonged close contact is defined as within 6 feet for 15 minutes or more.

To expedite this new requirement, we have deemed January as Fit Testing Month for ambulatory team members. For your convenience, we have brought the vendor BioCare with their mobile clinic truck to be stationed at various main Spectrum Health ICC facilities! Please see the online scheduling tool link below for times and locations closest to you.

While waiting for your fit test appointment time, team members may use a universal 3M 9205+ N95 respirator with a proper [seal check](#) as a safe option until a fit test can be completed.

To ensure a smooth scheduling process, our goal is for team members to complete their OSHA Medical Respirator Survey by January 1, 2021. Please take advantage of this special service provided to you! If you are unable to attend the BioCare mobile clinics during the month of January, please schedule your fit testing appointment at either the medical center fit testing clinics or schedule with your regional Occupational Health Services near you.

How to schedule a N95 Respirator Fit Testing appointment:

- Log into your [ReadySet](#) account to complete your OSHA Medical Evaluation Questionnaire.
- If you have any issues logging into [ReadySet](#), please call **616-486-7438** or reach out to Kendra.Lacross@spectrumhealth.org for assistance.
- Click onto the [on-line fit testing scheduling tool](#) to schedule your appointment. Please schedule at one closest to your office if possible. You can also call Occupational Health at **616-486-5544** to schedule your fit test appointment or to cancel as needed.
- Your **OSHA Medical Evaluation Respirator Survey** MUST be completed **48-72 hours prior** to your appointment for a provider to review and approve. If the OSHA Survey is not completed, your appointment may possibly be cancelled by that provider.
- Remember to refrain from eating, drinking (except water), chewing gum, or smoking at least 15 minutes before your fit testing appointment. Team members who are required to wear an N95 for their role must remove facial hair that prevents a proper fit in line with [CDC guidelines](#) of approved facial hair to be properly fit tested and to wear a N95 respirator for their work duties.
- For more information on fit testing, facial hair FAQs, and PPE guidelines, please see the [Fit Testing FAQs](#) document or the [Health Care Professionals Resources Page](#).

On-Line Scheduling Tool Links located at My Employee Health on InSite:

- [Blodgett**](#)
- [Butterworth](#)
- [ICCB 2750 East Beltline](#)
- [Lake Drive ICC 4100 Lake Drive](#)
- [South Pavilion ICC 80 68th Street](#)

- [West Pavilion](#)
- [Holland BioCare Truck](#)
- [Big Rapids](#)
- [Reed City](#)
- [Pennock](#)
- [Zeeland](#)
- [Ludington](#)

**You will be allowed to park in Ramp#2 for the BL Fit Testing Clinic located in the Community Room, Hall 1A at Blodgett Campus. During the hours of 0500-1330, it is recommended to stop at the BL ED Security Station to retrieve a parking permit to place in your vehicle window which will direct you to park in the visitor parking section. If this is not displayed, you run the risk of receiving a ticket.

Regional Occupational Health Services Offices to schedule you fit test appointment:

- If you were unable to attend a regional fit test clinic, please call your local Occupational Health Clinic to schedule your fit test appointment.

Ludington – Email Laura Olson or call 231.845.5771 to schedule

Greenville – call 616.486.5544, for an appointment at SH Greenville Occupational Health clinic

Gerber – Call 231.924.6095, for an appointment at Gerber Occupational Health clinic

Big Rapids – Call 231.592.4382, for an appointment at Big Rapids Occupational Health clinic (M, W, F 8-4:30)

Pennock- Call 269.948.3102 for an appointment with Pennock Occupational Health clinic

Zeeland- Call Holland Medi Center at 616.392.5222 to schedule an appointment for fit testing.

Here are some tips and updates regarding routine use of N95 Respirators:

- Please see the [N95ToolKit](#) to view the N95 respirator grid for Lawson numbers for ordering the correct N95 respirators for your work area. Most of your team members will be fit tested to the non-surgical algorithm unless they work directly in the OR surgical space.
- Wearing an isolation mask over an N95 respirator voids the respirator's NIOSH-approval and is NOT permitted. Wearing a face shield with an N95 respirator is the recommended alternative for splash and spray protection.
- Remember to perform a "Seal Check" each time you don your N95 respirator to ensure a proper fit.

- [N95 Seal Check](#)

January 2020 Bio-Care Fit Test with Mobile Clinic Schedule

Week		Monday	Tuesday	Wednesday	Thursday	Friday
		4	5	6	7	8
1	Shift	11AM-7PM		7AM-3PM	11AM-7PM	7AM-3PM
	Location	Lake Drive		Lake Drive	ICCB	ICCB
		11	12	13	14	15
2	Shift	11AM-7PM	7AM-3PM	7AM-3PM	11AM-7PM	7AM-3PM
	Location	Lake Drive	Lake Drive	ICCB	ICCB	Lake Drive
		18	19	20	21	22
3	Shift	7AM-3PM	11AM-7PM	7AM-3PM	7AM-3PM	11AM-7PM
	Location	Lake Drive	Lake Drive	ICCB	Holland	Holland
		25	26	27	28	29
4	Shift	11AM-7PM	7AM-3PM	11AM-7PM	7AM-3PM	7AM-3PM
	Location	Holland	Holland	West Pav.	West Pav.	South Pav.
		1	2	3	4	5
5	Shift	11AM-7PM				
	Location	South Pav.				