

Uko bakuramo Ga

Koronavirusi 2019 (COVID-19)

Niba ibiteganywa naho ukorera bisaba ikoroshwa rya ga zijugunywa, ni ingombwa kuzikuramo neza kugira ngo wirinde kandi ukumire ukwandura.



Fata inyuma ha ga ku ubujana.



Iyambure ga ku mubiri wawe, uyikwega imbere uganisha inyuma.



Fata ya ga umaze gukuramo mu kuboko kwambaye ga.



Iyambure ga ya kabiri winjiza intoki zawe imbere muri ga hejuru k'ubujana bwawe.



Hindura ya ga ya kabiri imbere uganisha inyuma igihe uyikura k'umubiri wawe, ari nako usiga ya ga ya mbere imbere mu ya kabiri.



Jugunya ga witonze. wikongera gukoresha izo ga.



Karaba intoki ukoresheje isabune n'amazi byibuze mu gihe cy'amasegonda 20 nyuma yo gukuramo ga.