

COVID-19 Standard Work Breast Milk Handling for Positive Person or Person Under Investigation | 3.30.20



Carolyn Leja/Charmaine Kyle

Step	Action	Team Member
<p>Main Points:</p> <ol style="list-style-type: none"> 1. Patients may breastfeed and provide expressed breast milk. 2. Patients are instructed in hand-washing, mask and gloves. 3. Milk containers are to be wiped cleaned when transported by staff. 		
1. Patient Education	<ul style="list-style-type: none"> • Perform hand hygiene immediately before touching baby or breasts. • Keep breasts covered so they don't become contaminated from respiratory secretions. If breasts become contaminated wash breasts with soap and water. • Wear a mask during breastfeeding or collection of colostrum/milk. <p>Remember: Hand hygiene and cough etiquette are essential for ALL families and should be taught for when in hospital and at home.</p>	RN
2. Breastfeeding	<ul style="list-style-type: none"> • Patient to wash hands and breasts before breastfeeding and put on mask 	Patient
3. Collecting Milk	<ul style="list-style-type: none"> • Patient to wash hands before expressing milk and put on mask • Wipe the surface where syringes/bottles will be placed after collection with appropriate wipe and cover surface with clean paper towel or cloth. • Patient collects breast milk by hand or by pump into clean syringes or bottles. • Thoroughly wash all pump components that meet breast milk and breast pump per manufacturer directions. 	Patient and RN
4. Cleaning the outside of breast milk container	<ul style="list-style-type: none"> • Ensure syringe/bottle cap is secured. • Wipe down syringe or bottle with appropriate wipe. 	RN or Tech
5. Prepare milk for transport	<ul style="list-style-type: none"> • Label syringes or bottle per policy with breast milk stickers • Place breast milk in biohazard bag. 	RN or Tech
6. Retrieving Milk from Patient Room	<ul style="list-style-type: none"> • Don appropriate PPE and retrieve milk from patient's room; wipe biohazard bag with appropriate wipe • Hot Zone Boss receives milk from RN in appropriate manner, placing in a new clean biohazard bag • Don gloves and transport milk 	RN or Hot Zone Boss
7. Receiving Milk	<ul style="list-style-type: none"> • Receive clean bag with pumped milk • If taking into room with baby don appropriate PPE and follow appropriate procedure with Hot Zone Boss to transfer milk into baby's room • Wipe the outside of the syringe/bottle with appropriate wipe and allow it to dry prior to feeding baby. 	RN or Hot Zone Boss