Outcomes/Benefits to Person Served

The primary goal of an inpatient rehabilitation program is to prevent complications, minimize impairments and maximize function. Patients served demonstrated an average improvement of 22.2 points on the Functional Independence Scale (FIM), compared to 23 for the nation. The FIM scale measures the functional skills in 18 different areas such as walking, dressing oneself, or speaking.

Other patient outcomes included:

- Patient and/or family state they felt prepared for discharge: 93%
- Discharge to community based living: 94%

Contact Information

For additional information, referrals or to schedule a tour, please contact:

Spectrum Health Rehab and Nursing Center
Inpatient Subacute Rehabilitation Program
4118 Kalamazoo Ave.
Grand Rapids, MI 49508
616.486.7043

Check out our virtual tour by searching:
YouTube>Spectrum Health RNCK Virtual Tour>
Select Spectrum Health Inpatient Rehabilitation at Kalamazoo Ave

Average Length of Stay (LOS) for All patients = 21 days (national data 21 days)

Likelihood to recommend: 92%

About the Program

This program outcome information is made available to assist you in choosing the rehabilitation program that best fits your needs. As the only skilled nursing facility (SNF) in West Michigan to be accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) for medical inpatient rehabilitation, the program has held this accreditation for over 30 years, and had specialty accreditation in stroke and brain injury rehabilitation. Less than 1% of skilled nursing facilities in the country have CARF accredited medical rehabilitation programs.

With a goal of returning people served to community-based living environments, we discharged 751 people from July 1, 2017 through June 30, 2018. Of these, 94% were able to return home or to community-based living. The program has a low return to hospital rate compared to other skilled nursing facilities nationwide.
Age Range | % | Ethnicity | % | (Primary) Diagnostic Groups | # Patients Served
---|---|---|---|---|---
0 to 18 | 0% | Asian | 1% | Brain Injury | 58
19 to 44 | 4% | African American | 15% | Stroke | 67
45 to 64 | 23% | Hispanic | 7% | Other Neuro | 21
65 to 74 | 20% | Islander | <1% | Orthopaedics | 171
Over 75 | 54% | Caucasian | 76% | Medically Complex/Debility | 290
Over 75 | 54% | Caucasian | 76% | Pulmonary/Cardiac | 91

Specialty Program Outcome Data

This program is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) as a Brain Injury and Stroke Specialty Program. This program demonstrates the commitment, capabilities and resources to meet the needs of persons requiring rehabilitation following neurologic injury or illness, including severe brain injury and emerging/consciousness. Program equipment, rehabilitation space and extensive staff education and training provide the best opportunity to support the rehabilitation process.

**STROKE SPECIALTY PROGRAM**
- Total Patients Served: 67
- Average Length of Stay: 31 days
- FIM Change: 21 points
- Satisfaction: 3.7 / 4

**BRAIN INJURY PROGRAM**
- Total Patients Served: 58
- Average Length of Stay: 45 days
- FIM Change: 27 points
- Satisfaction: 3.2 / 4

Staff Expertise

The Program has a long history of providing comprehensive services to people following severe brain injury and stroke. Program leaders and staff are involved with their professions, clinical teaching opportunities, and advocacy groups, including:

- Michigan Brain Injury Provider Council
- Brain Injury Association of Michigan

The program has special recognition from the Brain Injury Association of America as an **Academy of Certified Brain Injury Specialists Alliance member**. This designation honors the commitment on the part of this program to provide higher quality services to persons with brain injury demonstrated by our support of this training and certification process. The program has over 20 staff members who are recognized as “Certified Brain Injury Specialists”.

As an integrated health delivery system, Spectrum Health recognizes that people have unique rehabilitation needs following injury or illness. We offer a full continuum of rehabilitation services to support you or your family member’s rehabilitation needs every step of the recovery process.