



**Let's take the next step.**

If you are interested in learning more about our services or receiving a quote, please let us know. We'll start by asking questions and gathering data so we can talk about options. What are your company values? How do you define success? Does the culture of your organization support employees to do their best work? We value the opportunity to meet in person to talk about your needs, and how we might best support your business goals.

Call 616.391.APPT

[occserv@spectrumhealth.org](mailto:occserv@spectrumhealth.org)

[spectrumhealth.org/occhealth](http://spectrumhealth.org/occhealth)

at Work

Comprehensive and accessible services  
to support a healthy workplace.

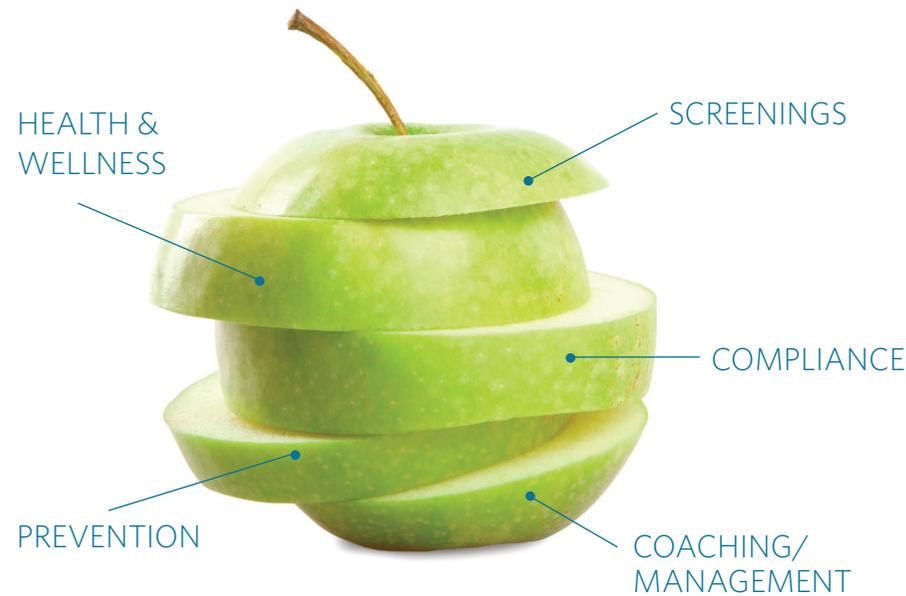
### Proactively invest in a healthy workplace.

A proactive approach to holistic health has a significant impact on your employees and the bottom line. Spectrum Health partners with employers to increase productivity, safety and employee engagement, while reducing the risk of injury, turnover and health care costs.

### Your choice.

We'll help you set up a program that works best for you and your employees. Choose a customized program or add-ons for individual purchase. Many services are available at your workplace, some are offered virtually, and others are best experienced at one of our Spectrum Health locations. Spectrum Health at Work integrates efforts for the greatest impact.

### A Healthy Workplace



Online | In Your Workplace | At a Spectrum Health Location | Call 616.391.APPT

# Services.



### Pre-Employment

We take care of the pre-employment screenings and evaluations to ensure candidates meet your qualifications and employees are ready for day one on the job.



### Accidents & Injuries

A course of action for injuries that occur at work. Our experienced team of dedicated health providers and case managers help expedite return to work.

- Quality care and treatment
- Enhanced communication with providers and case managers
- 24/7 access to information

### Injury Prevention Services

- Identify workplace risk factors
- Employee safety education and job coaching
- Reduce lost work days and workers' compensation costs



### Compliance

- Screenings to meet compliance for: DOT, FAA and OSHA
- Drug and alcohol testing
- Respirator clearance and fit testing



### Health & Wellness

To-dos, training and prevention reinforce healthy and safe lifestyles at home and at work and while traveling.

### Prevention

- Biometric screens
- Educational classes
- Health risk assessments
- Health challenges
- Health coaching
- Health screens
- Flu shots

### Management

- Stress
- Weight
- Nutrition
- Exercise
- Tobacco cessation



### Executive Services

- Executive physicals
- Concierge medicine



### Travel Medicine

- Vaccinations
- Counseling and advice

# Serving You.



### Our Team of Experts

Spectrum Health has more employees in more locations to serve your business. Tap into the skills and expertise of:

- Providers dedicated to occupational health
- Registered nurses
- Case managers
- Therapists (occupational and physical)
- Occupational athletic trainers
- Wellness consultants
- Data analysts



### Quality Matters

Wellness at Work powered by Priority Health wellness plans have earned accreditation from the National Committee for Quality Assurance for improving employees' health and reducing absenteeism. Priority Health is the only plan in Michigan—and one of only five nationwide—to have earned this accreditation.



### Partner with an integrated health system.

It takes a concerted and coordinated effort to ensure healthy, productive lives both at work and at home. Spectrum Health offers a full continuum of care through our hospitals, clinic sites and our health plan, Priority Health. We are committed to improving the health of the communities we serve.



### Need Health Insurance?

Priority Health is a Michigan-based health plan with solutions for all employers. While most insurance companies only process claims, Priority Health improves the health and lives of its members.



### Telehealth

Keep employees healthy and productive at work with Spectrum Health MedNow<sup>SM</sup>. Get direct, real-time access to primary care for non-life threatening conditions using a webcam.