Welcome to Spectrum Health Cardiovascular Medicine Device Clinic

Thank you for choosing us to partner with you in your care. We look forward to developing a relationship with you as we care for you and your device. Here you will find helpful information about your device and home monitor system, expectations from the clinic, contact information, and locations.

We will further review and develop a plan for your care at your first visit in the clinic.

Device Clinic 101

- **Your first 1-2 weeks**
  
  Follow the discharge instructions that you received when you left the hospital.

  **Call the device clinic at 616.885.5028. If you develop any of the following:**
  - A fever of 101 degrees Fahrenheit or higher
  - New pain, redness, new rash, irritated skin, increased swelling at the procedure site or intravenous (IV) site
  - Drainage or bleeding that does not stop from the incision

- **Your Device Care and Follow-up**
  - Our nurses and device clinic specialists will collaborate with your doctor for the best plan of care.

**Timeline For Follow-up Visits Post Implant**

<table>
<thead>
<tr>
<th>7-21 days</th>
<th>2 months</th>
<th>6 months</th>
<th>Begin Home Monitoring every 3-4 months</th>
<th>Yearly Check</th>
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<tbody>
<tr>
<td>In-clinic First Visit</td>
<td>In-clinic Testing</td>
<td>In-clinic Testing</td>
<td>In-clinic Testing</td>
<td>In-clinic Testing</td>
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- After your initial 3 visits in the Device Clinic, we will start home monitoring. At that point, you only need to come into the clinic once a year unless otherwise indicated.

- Yearly clinic visits are essential to ensuring the device is functioning appropriately and you are kept safe. When we test the device, we are given specific information about your device like what it has tracked and its function. We may have you come to the clinic for adjustments as needed.

OVER ➤
Home Monitoring

Technology allows us the ability to monitor our patients from their home! We will typically check patients 3-4 times a year from home, and more as needed.

You should have received a HOME MONITORING UNIT from the company representative at the hospital before your discharge.

Now that you are home, hook up your monitor and send a test transmission.

Questions regarding your home monitor? Call the company that provided you with the equipment:

- Medtronic (Carelink) 1.800.929.4043
- Biotronik 1.800.889.9066
- St. Jude Medical (Merlin) 1.877.696.3754
- Boston Scientific (Latitude) 1.866.484.3268

Our Excellent Staff

- Device Clinic Specialists
- Exercise Physiologists
- Medical Assistants
- Schedulers

Locations

We have 6 locations where we can care for our device patients face to face:
- Grand Rapids
- Fremont
- Holland
- Greenville
- Reed City
- Wyoming

We look forward to meeting you at your first visit to the clinic.

Hours of Operation: Monday - Friday 8-4:30 p.m.
Call us with questions or concerns before your appointment at: 616.885.5028

Or

For urgent concerns after hours, call Cardiovascular Medicine’s main number at: 616.885.5000

This handout does not take the place of a discussion with your doctor. Discuss any questions or concerns you may have with your doctor.