

# Guidelines for NICU visitation by COVID-19 positive or COVID-19 suspected parents, December 14, 2020 1630

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## COVID-19 Positive Parents

- COVID-19 positive parent is not to visit the NICU until their isolation period is completed. See [Provider Guidelines for the Discontinuation of Severe Respiratory Precautions for Patients with COVID-19](#)
- Secondary support person (i.e. Dad) may visit if asymptomatic.
- If the secondary support person becomes symptomatic or COVID-19 positive, they may not visit until meeting the same criteria above
  - Secondary support person may visit both mom and baby if they are following Severe Respiratory Precautions (SRP) with the appropriate Personnel Protective Equipment (PPE)
- If both parents are symptomatic/positive, another healthy visitor can be temporarily identified.
- If there is no one other than symptomatic or COVID-19 positive parent to visit, due to the vulnerable state of patients in the NICU, these parents will not be allowed to visit until they meet the criteria for discontinuing isolation as noted above.

## Parents Exposed to COVID-19

- Parent visitors with a known COVID-19 exposure are to follow Severe Respiratory Precautions (SRP) Personal Protective Equipment (PPE) while in the NICU for 10 days from the date of last exposure
  - This applies even when the patient is no longer in SRP
- For household exposures to COVID-19 where the parent does not have the ability to isolate from the positive family member, the 10-day quarantine period begins when the positive family member finishes their isolation period. Refer to [Provider Guidelines for the Discontinuation of Severe Respiratory Precautions for Patients with COVID-19](#)
- If NICU patient becomes exposed to COVID-19 during their admission, the NICU patient will be placed in SRP for their 10 days of quarantine