

Guidelines for NICU visitation by COVID-19 positive or suspected parents - November 9, 2020 0822

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COVID-19 Positive Parents

- COVID + parent is not to visit the NICU until their isolation period is completed. [See algorithm.](#)
- Secondary support person (i.e. Dad) may visit if asymptomatic.
- If the secondary support person becomes symptomatic or COVID +, they may not visit until meeting the same criteria above
 - Secondary support person may visit both mom and baby if they are following Severe Respiratory Precautions (SRP) with the appropriate Personnel Protective Equipment (PPE)
- If both parents are symptomatic/+, another healthy visitor can be temporarily identified.
- If there is no one other than symptomatic or COVID + parent to visit, due to the vulnerable state of patients in the NICU, these parents will not be allowed to visit until they meet the criteria for discontinuing isolation as noted above.

Parents Exposed to COVID-19

- Parent visitors who have been exposed to another parent who is positive for COVID, need to follow PPE requirements for Severe Respiratory Precautions (SRP) until their isolation period is complete. The isolation period is generally 14 days from the date of last exposure. **For those living with household members who are COVID positive from whom they are unable to isolate, this 14 days begins 10 days after onset of symptoms or from positive test if asymptomatic.**
 - This applies even when the patient is no longer in SRP