

# COVID-19 PPE Update: Non-Medical Masks

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Recently, the CDC made a public recommendation that individuals should wear nonmedical (cloth) face masks when in public to reduce the spread of COVID-19. In response, Spectrum Health put a call-to-action out to our community, asking for hand-sewn mask donations that we can provide to our non-patient-facing employees. We are grateful to report that our community has responded.

The COVID-19 PPE Committee recommends that employees who are reporting to work in business locations or other non-patient care facilities wear nonmedical masks while at work. This remains optional; however, these masks will be provided to any employee who requests one.

Masks distributed to employees meet the CDC and WHO recommendations for nonmedical masks:

Masks will have

- A snug fit on face but remain breathable
- Elastic ear loops
- 2-3 layers of fabric, pleated
- Wire sewed in at the nose of the mask for enhanced seal protection
- A pocket for filter insertion
  - NOTE: Filters will not be supplied at this time and are not currently required for mask use



\*\* Fabric patterns will vary

All masks will be laundered by Spectrum Health prior to distribution. Machine laundering is a CDC-approved method for decontaminating products, including disinfecting for potential COVID-19 exposure. Once provided, each employee will be responsible for the care and daily cleaning of their personal masks (cloth masks must be cleaned after each use).

If you would like to receive a nonmedical mask for use at work, **please submit one request for entire building/facility with total count needed (1 mask/person)** [covid19supplies@SpectrumHealth.org](mailto:covid19supplies@SpectrumHealth.org) (Replacement masks can also be requested through email address.)