

# COVID-19 N-95 Seal Check 11.18.2020 0930

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Seq. No	Task Description	Key Point / Image / Measure (what good looks like)	Who
<p><i>In the continuum of care, the following measures can be categorized as contingency capacity, which may change. The following measures may be considered in the setting of a potential impending shortage of N95 masks.</i></p> <p><b><i>This document is to serve as general guidance for performing a seal check.</i></b></p>			
1.	<p>An N95 mask is needed per the Isolation –Transmission Based Precautions Policy:</p> <ul style="list-style-type: none"> <li>• Airborne N95 Isolation.</li> <li>• Enhanced droplet isolation.</li> <li>• Severe respiratory precautions</li> </ul>	Follow full PPE recommendations.	Health Care Worker
2.	<ul style="list-style-type: none"> <li>• Sanitize hands.</li> <li>• Obtain N95 mask and paper bag (if using for storage).</li> <li>• Write your name, date and shift on the outside of paper bag.</li> <li>• Inspect mask and straps for tears or damage.</li> </ul>	<p>Lawson # 300380 (Paper Bag)</p> <p>Discard mask if integrity is compromised.</p>	Health Care Worker

3.	<p><b>Donning:</b></p> <ul style="list-style-type: none"> <li>• Sanitize hands and don gloves</li> <li>• Using one hand, place N95 mask on your face with the nose piece at your fingertips and straps hanging freely over the back of your hand. The nose piece should cover the bridge of your nose and the respirator should cup your chin.</li> <li>• Pull the top strap over your head, resting it high on the back of your head.</li> <li>• Pull the bottom strap over your head and position it around your neck and below your ears. <ul style="list-style-type: none"> <li>○ Do not criss-cross the straps. Do not wear with only one strap.</li> </ul> </li> <li>• Adjust N95 mask for comfortable fit ensuring your mouth and nose are fully covered.</li> <li>• Using the fingertips of both hands, form the nose strip to conform to the shape of your nose. Push inward while moving fingertips along both sides of the nose piece.</li> <li>• Perform seal check: with hands covering the mask, take a quick, deep breath. The face piece should collapse slightly.</li> <li>• If any air leak is felt at mask edges, adjust straps by pulling along the sides and/or reposition respirator.</li> <li>• Repeat until no air leak is felt around mask edges.</li> <li>• Doff gloves</li> <li>• Sanitize hands again prior to entering room.</li> </ul>	<p>It is the wearer's responsibility to ensure proper fit.  <b>If fit testing has not been completed, team members may use a 3M 9205+ N95 respirator with a proper seal check.</b></p> <p>User must be clean shaven. Any facial hair such as beards or long sideburns may prevent the respirator from properly fitting.</p> <p><b>If you cannot obtain a proper fit, don a positive air-purifying respirator (PAPR) before entering room</b></p>	Health Care Worker
4.	Leave labeled paper bag outside of the patient room, if using for storage.	May place in isolation cart or counter in anteroom	Health Care Worker
5.	<p><b>Doffing:</b></p> <ul style="list-style-type: none"> <li>• Sanitize hands.</li> <li>• Bend forward at the waist.</li> <li>• Grasp the bottom strap with both hands around the neck and below the ears and lift overhead.</li> <li>• Grasp the top strap with both hands high on the back of your head and lift overhead.</li> </ul>	<p>N95 masks should be reused by an individual team member during a single shift until the mask becomes saturated or contaminated with blood or body fluids.</p> <p>Label bag used for storing N- 95 masks between uses with the user's name to reduce accidental</p>	Health Care Worker

	<ul style="list-style-type: none"> <li>• Avoid touching the front of the mask. Grasp the mask by the straps whenever possible. If you touch the mask you should perform hand hygiene.</li> <li>• Place N95 mask in a secure location (i.e. paper bag), labeled with name, date and shift.</li> <li>• Paper bag may be either reused or discarded.</li> <li>• Alternatively, N95 masks may be hung if it does not touch the wall or cabinet. Placing a piece of paper between the N95 mask and wall can act as a barrier.</li> <li>• Sanitize hands.</li> </ul>	usage of another person's N95 mask.	
6.	Maintain integrity of N95 respirator mask.	Do not crush, get wet, or place in pocket.	Health Care Worker
7.	<b>Discard N95 respirators mask when:</b> <ul style="list-style-type: none"> <li>• At the end of shift.</li> <li>• Contaminated with blood, respiratory or nasal secretions, or other bodily fluids from patients.</li> <li>• Nose piece is broken or misshapen.</li> <li>• Becomes saturated or wet.</li> <li>• No air flows through the respirator.</li> <li>• Straps are compromised or broken.</li> </ul>	DO NOT TAKE HOME	Health Care Worker