

Breast Milk Handling Standard Work for Positive Person or PUI – 7.7.20, 1345

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Step	Action	Team Member
	Main Points: 1. Patients may breastfeed and provide expressed breast milk. Patients are instructed in hand-washing, mask and gloves.	
1.	Patient Education <ul style="list-style-type: none"> Perform hand hygiene immediately before touching baby, breasts, bottle parts or breast pump and clean all parts of the pump after each use. Keep breasts covered so they don't become contaminated from respiratory secretions. If breasts become contaminated wash breasts with soap and water. Wear a mask/cloth face covering during breastfeeding or collection of colostrum/milk. Remember: Hand hygiene and cough etiquette are essential for ALL families and should be taught for when in hospital and at home.	RN
2.	Breastfeeding Patient to wash hands before breastfeeding and put on mask	Patient
3.	Collecting Milk <ul style="list-style-type: none"> Patient to wash hands before expressing milk and put on mask Wipe the surface where syringes/bottles will be placed after collection with appropriate wipe and cover surface with clean paper towel or cloth. Patient collects breast milk by hand or by pump into clean syringes or bottles. Thoroughly wash all pump components that meet breast milk and breast pump per manufacturer directions.	Patient and RN
4.	Prepare milk for transport <ul style="list-style-type: none"> Label syringes or bottle per policy with breast milk stickers Follow Standard Precautions. For details see Blood Borne Pathogen Exposure Control Plan	RN or Tech
6.	Retrieving Milk from Patient Room <ul style="list-style-type: none"> Don appropriate PPE and retrieve milk from patient's room Follow Blood Borne Pathogen Exposure Control Plan for transport of milk using Standard Precautions.	RN
7.	Receiving Milk <ul style="list-style-type: none"> Receive clean bag with pumped milk If taking into room with baby don appropriate PPE and follow appropriate procedure to transfer milk into baby's room	RN
8.	Feeding Milk Expressed breast milk should be fed to the infant by a healthy caregiver, who is not at high-risk for severe illness from COVID-19.(CDC)	RN or Healthy Parent/Support Person/Caregiver

CDC Guidance on Breastfeeding:

<https://www.cdc.gov/breastfeeding/breastfeeding-special-circumstances/maternal-or-infant-illnesses/covid-19-and-breastfeeding.html>