

Breast Milk Handling for COVID-19 Positive Person or PUI – March 19, 2020

Standard Work

Step	Action	Team Member
<p>Main Points:</p> <ol style="list-style-type: none"> 1. Patients may breastfeed and provide expressed breast milk. 2. Patients are instructed in hand-washing, mask and gloves. 3. Milk containers are wiped cleaned and transported by staff to NICU. 		
1. Patient Education	<ul style="list-style-type: none"> • Perform hand hygiene immediately before touching baby or breasts. • Keep breast covered so they don't become contaminated from respiratory secretions. If breast do become contaminated wash breasts with soap and water. • Wear a mask during breastfeeding or collection of colostrum/milk. <p>Remember: Hand hygiene and cough etiquette are essential for ALL families and should be taught for when in hospital and at home.</p>	RN
2. Breastfeeding	<ul style="list-style-type: none"> • Patient to wash hands and breasts before breastfeeding and put on mask and gloves. 	Patient
3. Collecting Milk	<ul style="list-style-type: none"> • Patient to wash hands before expressing milk and put on mask and gloves. • Wipe the surface where syringes/bottles will be placed after collection with appropriate wipe and cover surface with clean paper towel or cloth. • Patient collects breast milk by hand or by pump into clean syringes or bottles. • Thoroughly wash all pump components that come in contact with breast milk and breast pump per manufacturer directions. 	Patient and RN
4. Cleaning the outside of breast milk container	<ul style="list-style-type: none"> • Ensure syringe/bottle cap is secured. • Wipe down syringe or bottle with appropriate wipe. 	RN or Tech

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5.	Prepare milk for transport <ul style="list-style-type: none"> • Label syringes or bottle per policy with breast milk stickers. • Place breast milk in biohazard bag. • Store milk in appropriate refrigerator or take to NICU. 	RN or Tech
6.	Transporting milk to NICU <ul style="list-style-type: none"> • Don PPE and retrieve milk from patient's room; wipe biohazard bag with appropriate wipe. • Hot Zone Boss receives milk from RN in appropriate manner, placing in a new clean biohazard bag. • Walk milk over the NICU. 	RN or Hot Zone Boss
7.	In NICU <ul style="list-style-type: none"> • Receive clean bag with pumped milk. • If taking into room with baby don appropriate PPE and follow appropriate procedure with Hot Zone Boss to transfer milk into baby's room. • Wipe the outside of the syringe/bottle with appropriate wipe and allow it to dry prior to feeding baby. 	RN or Hot Zone Boss