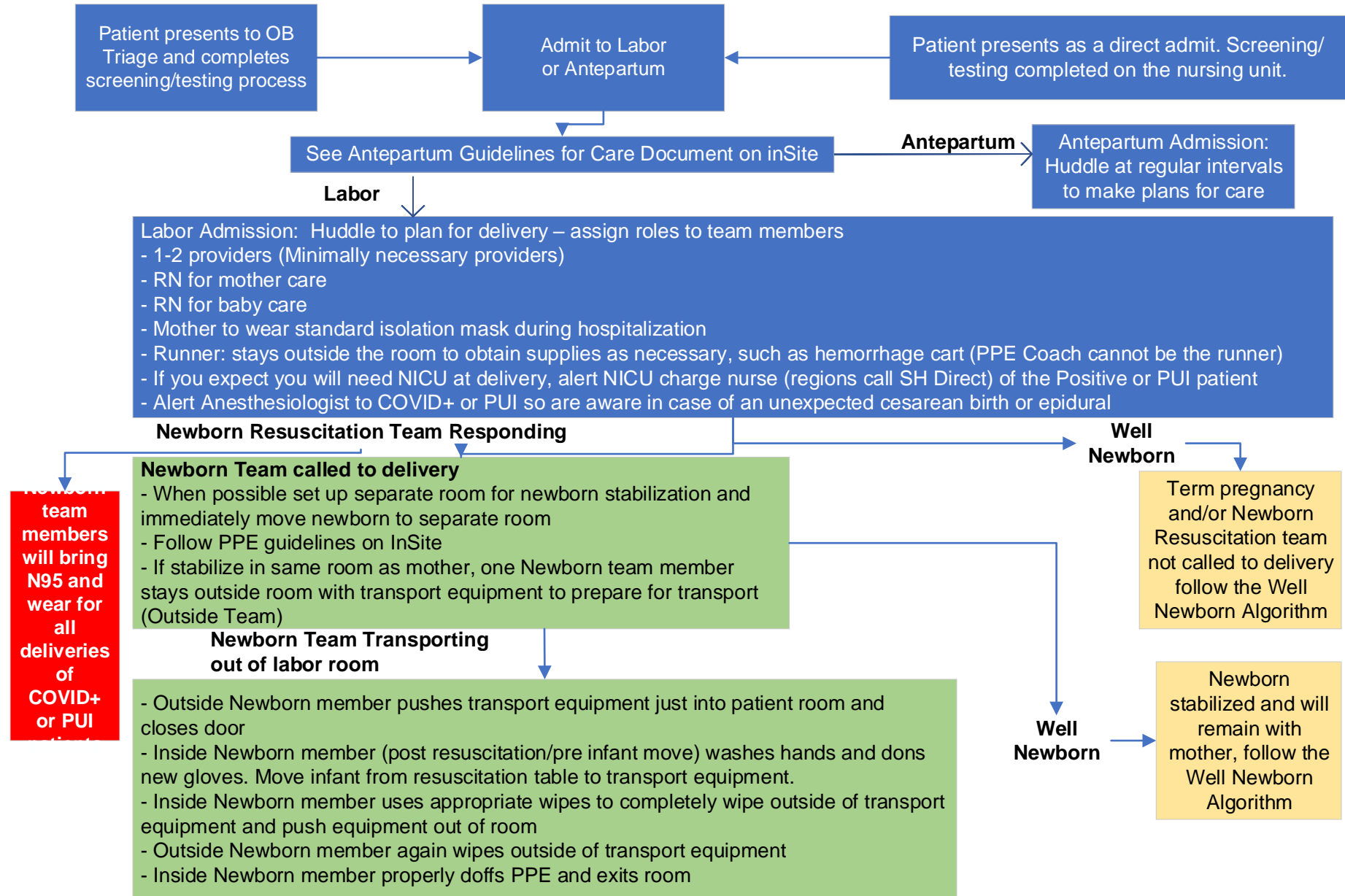


Women Infant Services – Pregnancy and Newborn Care Algorithms - Woman is positive for COVID-19 or is a Person Under Investigation (PUI) – 4.15.20 1807  
Spectrum Health contact: Carolyn Leja/Charmaine Kyle



Document reviewed: 12.1.20

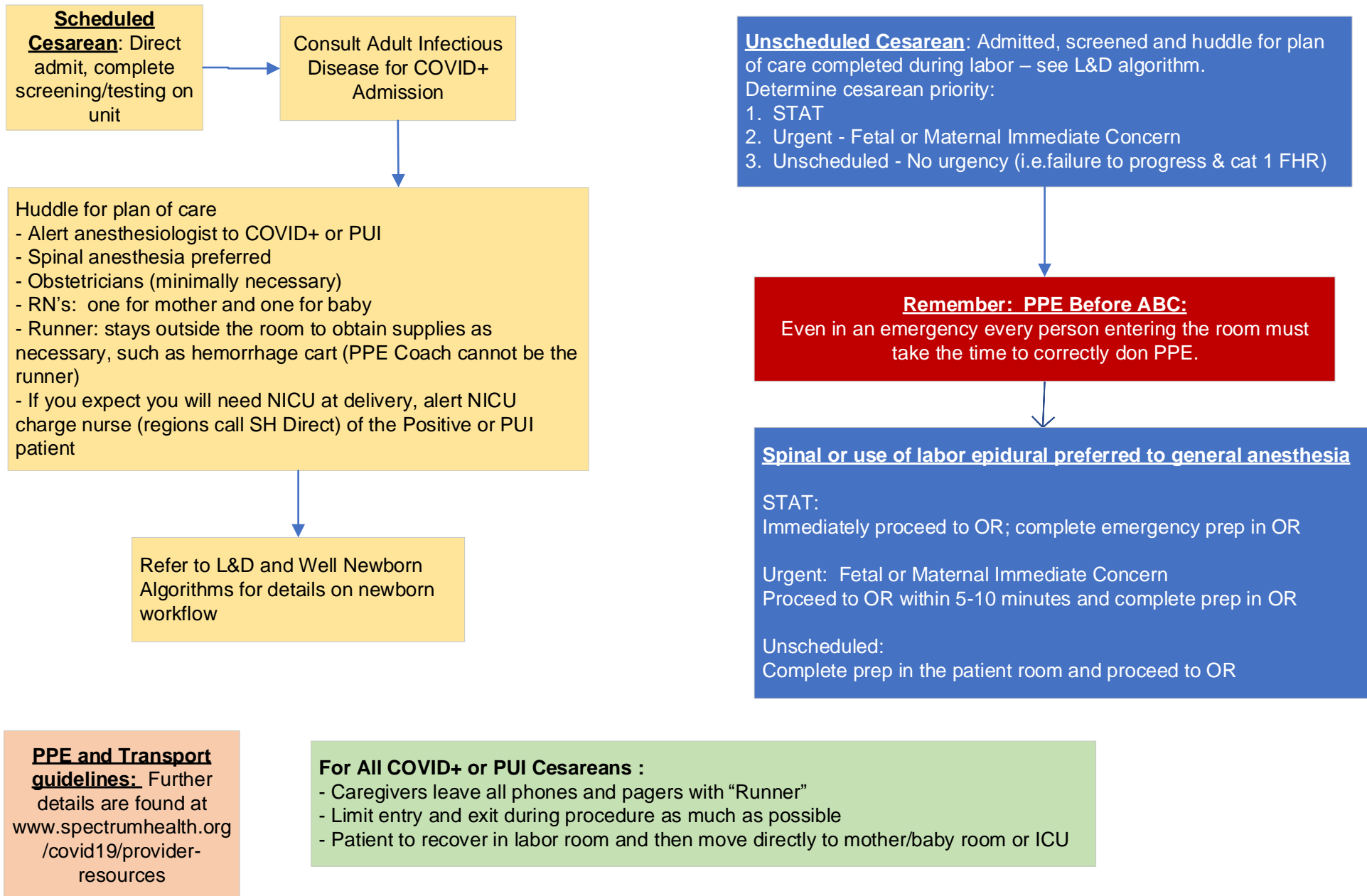
See details for PPE on InSite



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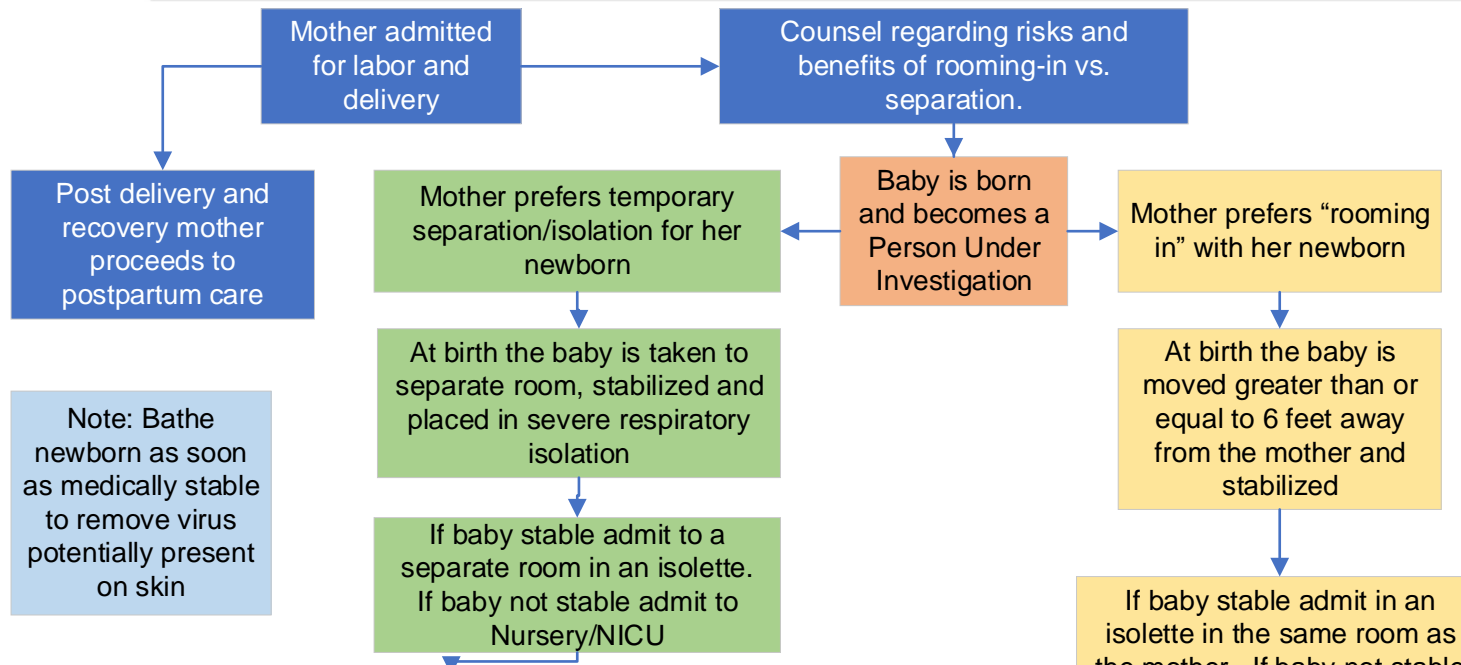
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# Women Infant Services – Pregnancy and Newborn Care Algorithms - Woman is positive for COVID-19 or is a Person Under Investigation (PUI) – 4.15.20 1807

Spectrum Health contact: Carolyn Leja/Charmaine Kyle

Document reviewed: 12.1.20



Note: Bathe newborn as soon as medically stable to remove virus potentially present on skin

**Ongoing Postpartum Care:**

- During separation, mothers who intend to breastfeed should express their breast milk to establish and maintain milk supply. A dedicated breast pump will be provided. Prior to expressing breast milk, mothers should practice hand hygiene.
- After each pumping session, all parts that come into contact with breast milk should be thoroughly washed and the entire pump should be appropriately disinfected per the manufacturer's instructions.
- A healthy caregiver will be instructed to wear appropriate PPE, including gown, gloves, face mask, and eye protection when providing care to the baby.
- Expressed breast milk should be fed to the newborn by a healthy caregiver.

**Background:**

- At this time there is little evidence of vertical transmission to newborn during delivery
- There is currently no evidence of COVID-19 in breastmilk but confirmatory studies have not been done. Similar viruses have not been found in breastmilk.
- Evidence shows there can be transmission after delivery through respiratory droplets.

**Ongoing Postpartum Care:**

- Keep the newborn greater than or equal to 6 feet away from the mother unless feeding
- Mother will put on a facemask, wash her breasts and practice hand hygiene before feeding or other close contact or within 6 feet of mother with her newborn.
- Mother should follow the mask re-use protocol and only replace if saturated or contaminated

**Rationale to support rooming-in:**

- Influenza is much more dangerous/deadly for infants with a similar mode of transmission through respiratory droplets yet we do not separate moms/baby for influenza.
- There is very little COVID-19 disease seen in infants, with mild symptoms in infants who tested positive
- Mom and baby will be together at home upon discharge. The only reason for separation would be to prevent transmission within the hospital setting. There is no evidence that separation in the first 24-48 hours will decrease risk for transmission in the future.

**Discharge Education:**

Parents will be given instructions on home care per the CDC guidelines