
















Busting Myths and Misconceptions About COVID-19

Physicians from Spectrum Health and community clinical organizations come together in this video series to address misconceptions circulating on social media around COVID-19.

COVID-19 MYTH	VIDEO LINK
Masks weaken your immune system	
Masks can cause lung problems for children	
You don't have to wear a mask if you're outside	
Wearing a cloth mask does not protect you from COVID-19	
If you've recovered from COVID-19, you no longer need to wear a mask	
Wearing masks for an extended period is not safe	
Only people who are sick need to wear a mask	
Masks don't protect the wearers	
Asymptomatic people are not contagious and do not spread COVID-19	
Children don't get COVID-19	
Supplements can prevent COVID-19	
COVID-19 cases are only rising due to increased testing	
People are dying of other illnesses, not COVID-19	
COVID-19 is no more deadly than the flu	
Only the elderly and those with underlying health issues get seriously ill with COVID-19	
Getting COVID-19 is safer than the vaccine	