

Short Name	Full Title + Study Description	Type	Investigator	Contact
VR-THEIA	VR-THEIA - Impact of Virtual Reality on pre-procedural anxiety prior to Heart catheterization	Procedure	Dr. Ryan Madder	Stacie VanOosterhout stacie.vanoosterhout@spectrumhealth.org 616.391.1162
	<i>The primary aim of this study is to determine if virtual reality combined with standard education will result in less pre-procedure anxiety than standard education alone among patients undergoing first-time cardiac catheterization.</i>			
HEART UP	HEART UP - A Randomized Controlled Trial to Reduce Hopelessness Through Enhanced Physical Activity in Patients with Ischemic Heart Disease	Observational	Denise Busman	Stacie VanOosterhout stacie.vanoosterhout@spectrumhealth.org 616.391.1162