

Disclaimer: Please note that this is a rapidly evolving situation. Resources may change hour by hour. Please contact the resource directly to verify that they are still providing the resource. If you are seeking additional services, please call 2-1-1 as they will be updating information regularly.

Updated: 12/16/2020

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General Website Links

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General Website Links for Facts on COVID-19

- [COVID-19 information from Spectrum Health](#)
- [COVID-19 Resources for Immigrants](#)
- [Use this link to sign up to get COVID-19 updates from Kent County Health Department](#)
- [COVID-19 information from the CDC](#)
- [COVID-19 information for Michigan](#)
- [COVID-19 MDHHS Fact Sheet](#)
- [COVID-19 information for Kent County](#)
- [Kent County Health Department on Facebook](#)
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- [CDC Information on Pregnancy & Breastfeeding](#)
- [Proper Hand Hygiene/Washing Video](#)



Financial/Economic Security Resources

Grand Rapids Area Mutual Aid

[Grand Rapids Area Mutual Aid](#) is a community fund to get cash into hands of people who need it most for housing, child-care, medical needs, or other. You can request or donate money. You can also find more resources on their FB page, such as grocery delivery.

You can request funds anonymously.

Michigan Department of Health and Human Services (MDHHS)* –

Need food, healthcare, etc. assistance, apply for benefits through the [MiBridges Portal](#) or call 888-544-8773. Income requirements have been lifted at this time. For specific COVID-19 Emergency Response from MDHHS: [back to top](#) | [Page 5](#)

● Call the COVID-19 Hotline at 888-535-6136, seven days a week, 8am to 5pm ● Email COVID19@michigan.gov 24/7.

Emails will be answered seven days a week, 8am to 5pm ● Subscribe to an e-newsletter for updates:

<https://public.govdelivery.com/accounts/MIDHHS/subscriber/new>

DSS Funds to Remove Employment Barriers

Kent County DHHS has some funding available for families (child under 18 or pregnant group member) to help them remove barriers to self-sufficiency. The funding source is called Direct Support Services (DSS) and can be requested by completing this form and submitting it to mdhhs-kent-ucl@michigan.gov or fax 517-346-9888. DSS funding may cover the following needs:

- o Child care for participation in the PATH program
- o Medical exams for pre-employment or training
- o Dental services to overcome barriers to employment or training
- o Relocation assistance if new job is beyond commuting distance (2 hours/day)
- o Transportation costs – bus tickets, allowance, mileage reimbursement) for PATH or employment
- o Vehicle repair for employment
- o Vehicle purchase for employment
- o Other one-time work-related expenses (license fees, trade certification, purchase of professional tools, license plates, vehicle insurance, etc.)

Housing- ICCF Apartment Waiting Lists Open- ONLY FROM DECEMBER 15 at 9 am to DECEMBER 17 at 5 PM

1 and 2 bedroom income-based apartments available

To apply, visit www.iccf.org/homes/rentals

Contact Amy Cogswell with questions at (616) 336-9333 x 227

La Lucha Fund – Update: Closed for 2020

For undocumented and mixed status families this fund was established to provide financial resources to those families who are not eligible for unemployment, CARES Act Relief and other governmental support. They will allow families to pay for basic needs such as rent, groceries, cleaning supplies and medicine. If applicable, please contact: Erika VanDyke 616-648-6079 latinxgr@gmail.com

Heat and Warmth Fund (THAW)* –

DTE and SEMCo Energy Customers: THAW wants to make it easier for Michigan residents to get the help they need to afford their utility bill. Individuals will need to complete and be approved for State Emergency Relief (SER) as well as complete the Affordable Payment Plan application from THAW. For program details, visit [here](#)

If you have further questions or require assistance, please call THAW's Utility Assistance Center 8:30am-5pm M-F at 800-866-8429, and a specialist will be able to assist you.

Unemployment Toolkit

[Unemployment Toolkit](#) to help navigate the process in order to receive benefits.

Michigan Bridge

Michigan Bridge [has released a list of resources](#) where families can get food, cash, and internet during the COVID-19 pandemic

[City of Grand Rapids releases several updates](#) regarding their services that can be found on their website.

The [Job Accommodation Network \(JAN\)](#) * has come out with an online app and article to assist with COVID. JAN is a free resource that provides expert guidance on workplace accommodations and disability employment issues. This is in a continued effort to provide contractors with resources on how to remain in compliance during this pandemic. JAN issued a blog article on [“Accommodation Strategies for Returning to Work During the COVID-19 Pandemic.”](#) It provides employers reopening with some general strategies on accommodations for employees with disabilities who return to work during the pandemic. You can find in the article a list of strategies for these top three categories:

- General solutions for limiting the risk of exposure to the coronavirus
- Solutions to address physical distancing needs
- Solutions to address communication needs

Transportation

The Rapid

The Rapid also participates in RideLink offers transportation to persons aged 60 or older to any destination, including doctor visits, recreational visits, and shopping trips within Kent County. [Pre-register for transportation here.](#)

Hope Network

Hope Network added “Red Bus Relief” to the list of services during the crisis. They are offering use of their buses for organizations needing transportation assistance. Contact foundation@hopenetwork.org for availability.

Health Net of West Michigan is offering transportation to food sites.

Call 616-632-1015 for more details. Requirements include: participants must live in Kent County, food site must be in Kent County, and participants must pass a phone screening for COVID-19 with Health Net Intake staff.

Food/Nutrition Resources

Update: December Supplemental Food Giveaway Dates

14	15	16	17	18	19
			TEFAP Giveaway 1225 12 Mile Rd NW, Sparta, MI 49345 12 PM – 6 PM While Supplies Last	ICCF/SE Market Food Giveaway (4000 Franklin SE) 4-7 pm.	Black Clergy Coalition: Christmas Food Box Giveaway (1001 33 rd St SE) 10:00 AM
21	22	23	24	25	26
Ellnora's Kitchen (547 Eastern SE) Free holiday meal- 4-7pm Gifts for kids available	South East Market Holiday Food Giveaway (1220 Kalamazoo Ave SE)- 4-7 pm or while supplies last Hispanic Center WM Giveaway (1204 Grandville SW) 4-6 pm (Feeding America food)			Christmas Day	

ENTF – Essential Needs Task Force

[This interactive map](#) from ENTF shows every location where organizations are offering food, shelter, safety and other services for those affected by COVID-19. Input your address and it can show where there are food sites close to you. Call 2-1-1 for more information.

Access of West Michigan

Contact info: erin@accessofwestmichigan.org

[A list](#) from Access of West Michigan with the changing hours/availability of local food pantries in West Michigan.

Grab 'n Go Meal Sites in Kent County

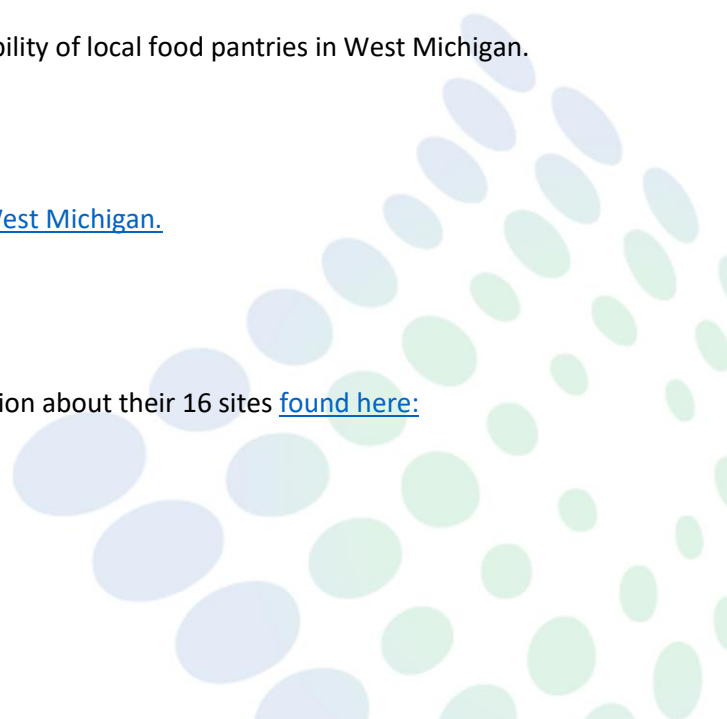
Contact info: Call 2-1-1 for verbal info in English or Spanish

[A list of Grab n' Go Meal Sites in Kent County from United Way of West Michigan.](#)

Grand Rapids Public Schools

Contact info: (616) 301-1111 or communications@grps.org

Contact GRPS for information on “grab and go” meal sites. Information about their 16 sites [found here](#):



Our Kitchen Table* has a new initiative, Educate to Elevate, which is primarily geared toward pregnant women, nursing mothers and mothers with low birth weight babies. However, all Mothers to be and Mothers/families wanting to educate themselves on healthy meal planning and preparation are welcome to join OKT's cooking demonstration/nutrition education event. [Check it out and share with your constituents.](#)

TEFAP* has emergency food assistance dates for the rest of 2020.

([flyer in English](#), [flyer in Spanish](#)).

The Revive & Thrive Project Meal Support*

www.reviveandthriveproject.org, email wendy@reviveandthriveproject.org or call 616-581-4103.

Pandemic EBT:

Families with children who received free, reduced-cost lunches at school qualify for the new program. - there are a few resources available to help families navigate this new benefit

- This [sharable flyer](#) overviews how families will receive this new benefit.
- This [FAQ document](#) provides answers to some common P-EBT questions. Below are a few highlighted answers for those who are undocumented.
 - Q: Is there a citizenship/alien status eligibility requirement for P-EBT benefits?
 - A: No. There is no citizenship/alien status test for receipt of P-EBT benefits.
 - Q: Are P-EBT benefits considered ongoing assistance benefits for the purpose of the Public Charge rules? Or will P-EBT impact an individual's pursuit of citizenship or permanent residence status?
 - No. Receipt of P-EBT will not have an impact on Public Charge determinations.

Meals for Senior Citizens

Request a Delivery, Meal, or Friendly Reassurance

There is a whole network of Area Agencies on Aging and local volunteers waiting to help you get the food and support that you need. Fill out this form, and we will get to work. Here is how it works:

Meal Delivery

If you are 60+ you may qualify for home delivered meals through your local area agency on aging. If you are eligible after you sign up, your regional agency or volunteer will contact you to have meals delivered. Meals can be fresh, frozen or shelf stable (non-perishable). [Sign up here.](#)

LINC UP

[LINC UP will be distributing](#) food for children from 10:30 am until 11:30 am on Monday, Wednesday, and Friday at 1167 Madison SE.

Baxter Community Center

Contact info: (616) 456-8593

Baxter Community Center (935 Baxter St SE, Grand Rapids, MI 49506) marketplace and greenhouse still open for people in the Baxter neighborhood

Community Food Club

Contact info: 616-288-5550 or email admin@communityfoodclubgr.org

[A nonprofit grocery store model](#) providing fresh produce, dairy, meat, and dry goods for a monthly fee. Households receive \$80-\$100 worth of product for \$11-\$15 fee. Food orders are called in and delivered curbside.

The Other Way

Contact info: (616) 454.4011

[The Other Way \(706 W. Fulton St\)](#) offers food resources.

Boys & Girls Club of Grand Rapids

Contact info: (616) 233-9370

Providing drive-through pick up dinner 4:30-5:30 PM

Government Policy Resources*

Executive Orders in Michigan

A page with all executive orders in Michigan related to COVID-19 [found here](#).

Information on Utilities*

MEAP has a utility assistance program. [More information available here](#).

Kent County Health Department

[COVID 19 Resources English](#)

[COVID19 Resources Spanish](#)

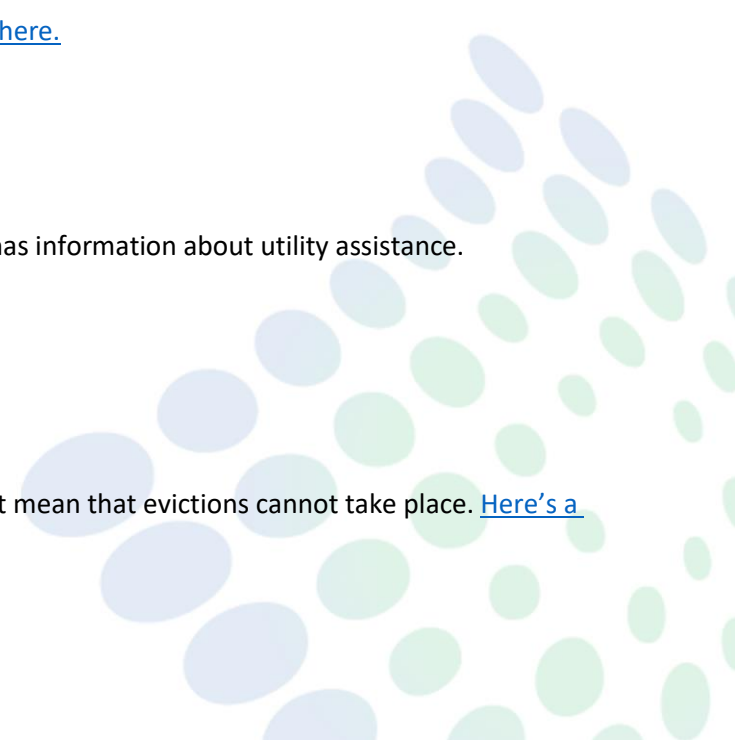
These have financial, health, and government resources. This also has information about utility assistance.

SNAP Benefits Important Update

Info on Pandemic [EBT program here](#)

CDC Mandate on Evictions**

The CDC has issued an eviction moratorium. However, this does not mean that evictions cannot take place. [Here's a helpful website](#) that breaks down what it means.



Health Care/Hygiene

Spectrum Health COVID-19 Hotline

616.391.2380

Spectrum Health More Life Mas Vida

More Life Mas Vida is here to support you during this time. We have a dedicated care team of nurses and community health workers that can provide the following:

- Free phone screening for COVID-19 and, if needed, a referral for testing
- Health education on COVID-19 and beyond
- Help locating resources for financial assistance, insurance, food, mental health, and more
- Access to PPE such as masks, hand sanitizer, and face shields

All of these services are completely free, no health insurance required.

If you need support, have questions, or are experiencing symptoms, call to schedule an appointment with our team:

English: 616.391.8943

Spanish: 616.391.6199

[Kent County Health Department Free* COVID-19 Testing](#)

The Kent County Health Department has partnered with NxGenMDx/LINC Up and Helix MDx for free* COVID testing. Tests are administered using the Nasopharyngeal Swab. It is taking at least 24-72 hours for results to come back. List of sites and [registration is found here](#).

Oasis of Hope

Contact info: Call 616-451-8868 to schedule

[Oasis of Hope \(522 Leonard St NW, Grand Rapids, MI 49504\)](#) resources for counseling services

My Community Dental Centers

Contact Info: call (877) 313-6232

Offering dental care

Baxter Community Center

Contact info: 616.456.8593 or <http://www.wearebaxter.org/>

Baxter Community Center (935 Baxter St SE, Grand Rapids, MI 49506) – call for information about free community clinic

In the Image

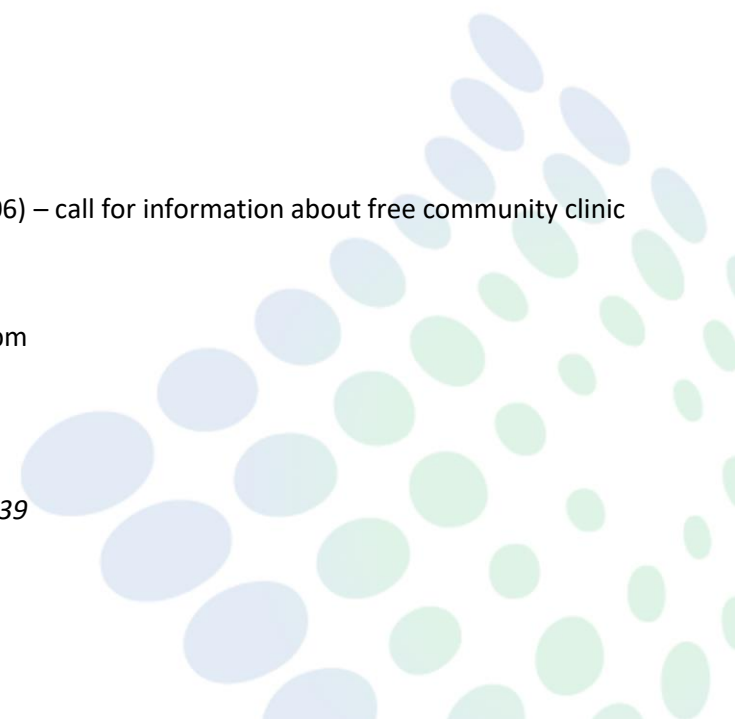
Offering personal hygiene products between the hours of 10am-2pm

Call 616.456.6150 or visit their [website here](#)

Help Crisis Center

Contact info: 705 Bridge St NW Grand Rapids MI 40504 616-459-9139

Call for information about diapers, wipes, and formula.



Fitness/Wellness

Senior Neighbors* is offering virtual fitness classes by certified instructors using Zoom. Classes are available for adults 60 and older. There is a suggested donations of \$3.00/class. Register by contacting their Health and Wellness Coordinator, Julie Lake, jlake@seniorneighbors.org or 616-233-0283. [View the full class schedule here!](#) Please share this opportunity with older adults in your network.

Resources for Parents/Families/Children

Grand Rapids Public Library*

GRPL has a resource list for children/families [found here](#).

First Steps Kent*

First Steps Kent has [a list of resources](#) for families in Kent County that can help keep children safe and healthy.

Talking with Kids about COVID-19

PBS Released a guide to talking with kids about COVID-19

[Home School Resources](#)

YMCA Childcare

YMCA is offering childcare. [Here's the flyer](#).

Early Learning Neighborhood Collaborative

ELNC built a flyer for kids activities [found here](#).

ECIC 4 Kids [released resources for early childhood](#).

[Giant list of ideas for being home with kids](#)

Free Educational Sites

A Google Document of [free educational sites](#).

FitKids360

Their Facebook page provides updates in English/Spanish

Scholastic

Scholastic [has a free website](#) with educational resources for students



Emotional/Mental Health Support

COVID-19 Screening Hotline

A menu has been added to the COVID-19 screening hotline (833.559.0659) with the following options:

- If you are calling to schedule a COVID-19 screening, press 1.
- If you are experiencing increased anxiety or depression related to COVID-19, press 2.
- This menu will be active from 7 a.m. to 11 p.m. Between 11 p.m. and 7 a.m. the screening hotline will default to the previous set up without this menu.

MDHHS

MDHHS released a memo, reminding communities that there is still help available for individuals experiencing sexual assault or abuse. Call 855-VOICES4 (855-864-2374) for help and resources. Your call is anonymous and confidential.

Pine Rest, Network180, Forest View Hospital

[Pine Rest has many resources](#) for individuals, professionals, and organizations for coping mentally with the coronavirus pandemic.

Each of these agencies (Pine Rest, Network 180, and Forest view) are available virtually 24/7 to address mental health concerns.

Pine Rest: (616) 455-9200

Network180: (616) 336-3909

Forest View: (800) 949-8439

Grand Rapids Pride Center*

Email: info@grpride.org

Website: <https://grpride.org/calendar>

Offering virtual programs/services including support groups.

Salvation Army

616. 742.9199

The Salvation Army has established a hotline call-in center to provide emotional and spiritual support during Michigan's COVID-19 stay-at-home order. The organization's Compassion Hotline is for individuals needing "to talk, share and ask questions" during a time that may cause higher levels of stress due to virus concerns. The hotline is free of charge.

Hotline operators include retired Salvation Army officers and staff who are trained to listen.

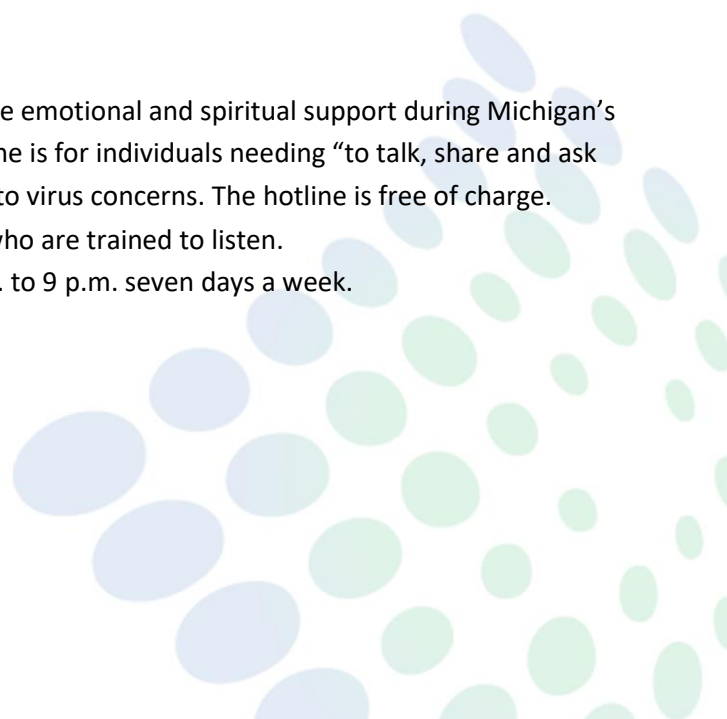
The hotline can be reached at 616.742.9199 and is open from 9 a.m. to 9 p.m. seven days a week.

Safe Haven Ministries

Safe Haven's services still available for people experiencing abuse.

Hotline: (616-452-6664 available 24/7

[Website](#)



YWCA Helpline

YWCA confidential helpline is still available 24/7 for people experiencing abuse
Helpline: 616.454.9922

Be Nice

[Be Nice has released resources](#) on navigating your mental health during a quarantine

Online AA Meetings during COVID-19

A list of [online Alcoholics Anonymous meetings](#) during COVID-19.

Taking Care of Your Mental Health in the Face of Uncertainty

[Resources](#) on taking care of your mental health.

The Crisis Text Line

Text TALK to 741-741

Disaster Distress Helpline (Substance Abuse and Mental Health Services Administration).

Contact info: 1-800-985-5990

