

Disclaimer: Please note that this is a rapidly evolving situation. Resources may change hour by hour. Please contact the resource directly to verify that they are still providing the resource. If you are seeking additional services, please call 2-1-1 as they will be updating information regularly.

Updated: 04/02/2020 at 5:00 PM

General Website Links for Facts on COVID-19

[COVID-19 information from Spectrum Health](#)

[Spectrum Health has opened drive-thru COVID-19 testing by appointment](#)

[Spectrum Health symptoms and prevention flier](#)

[Use this link to sign up to get COVID-19 updates from Kent County Health Department](#)

[COVID-19 information from the CDC](#)

[COVID-19 information for Michigan](#)

[COVID-19 MDHHS Fact Sheet](#)

[COVID-19 information for Kent County](#)

[Kent County Health Department on Facebook](#)

[COVID-19 effects on the processes of the criminal legal system in Kent County](#)

[Closings, delays, and cancellations in West Michigan](#)

[Grand Rapids area food pantry directory](#)

[USCIS Public Charge](#)

[COVID-19 & Pregnancy Information](#)

[CDC Information on Pregnancy & Breastfeeding](#)

[Proper Hand Hygiene/Washing Video](#)



Financial/Economic Security Resources

Grand Rapids Area Mutual Aid

[Grand Rapids Area Mutual Aid](#) is a community fund to get cash into hands of people who need it most for housing, child-care, medical needs, or other. You can request or donate money. You can also find more resources on their FB page, such as grocery delivery.

You can request funds anonymously. Grand Rapids Mutual Aid Network on Facebook

Internet Access

Effective Monday, March 16, 2020, [Comcast is offering 2 months free](#) to new Internet Essentials (low income) customers in response to recent and anticipated emergency measures associated with the Coronavirus (COVID-19)

Also, [Internet companies](#), including AT&T, Comcast, Charter, Cox, Google Fiber, Sprint, Verizon and T-Mobile, won't disconnect people for unpaid bills for 60 days, according to the FCC

The City of Grand Rapids will suspend water service shutoffs through April 30 and accounts in shutoff status will be restored. Any participants who are currently shutoff should contact KCCA to have their service restored.

Unemployment Toolkit

[Unemployment Toolkit](#) to help navigate the process in order to receive benefits.

Michigan Bridge

Michigan Bridge [has released a list of resources](#) where families can get food, cash, and internet during the COVID-19 pandemic

Transportation

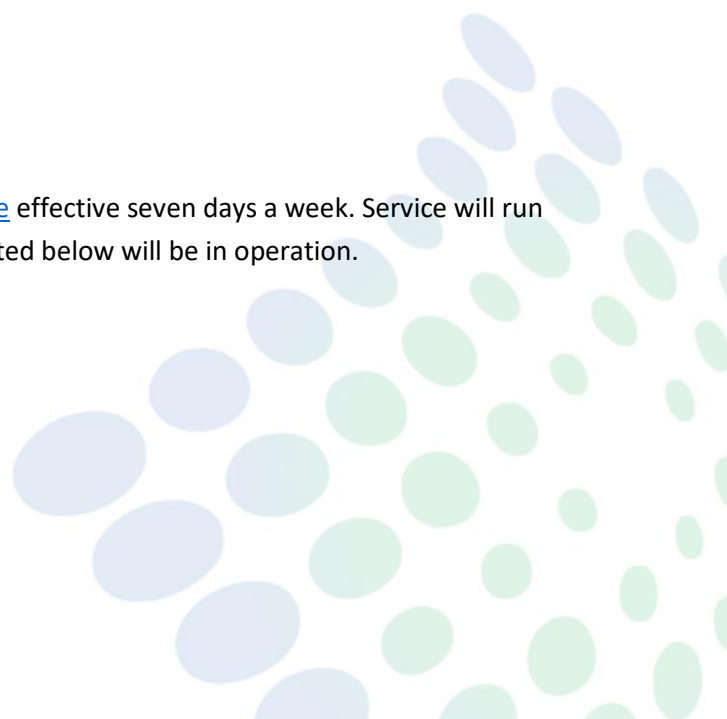
The Rapid

Beginning 3/24 [The Rapid will implement a reduced service schedule](#) effective seven days a week. Service will run seven days per week from 7:00 a.m. to 7:00 p.m. Only the routes listed below will be in operation.

- The Silver Line will be running on 30-minute service

The following routes will be running on 60-minute (hourly) service

- Route 1 (Division)
- Route 2 (Kalamazoo)
- Route 4 (Eastern)
- Route 6 (Easttown/Woodland)



- Route 7 (West Leonard)
- Route 8 (Grandville/Rivertown Crossing)
- Route 9 (Alpine)
- Route 10 (Clyde Park)
- Route 11 (Plainfield)
- Route 13 (Michigan Fuller - North)
- Route 15 (East Leonard)
- Route 16 (Wyoming Metro Health Village)
- Route 28 (28th Street)
- Route 50 (GVSU Campus Connector) will operate on 50-minute service seven days per week from 7:00 a.m. to 7:00 p.m. and will serve Route 12 (West Fulton)
- Route 85 (GVSU Campus Circulator) will operate on 25-minute service seven days per week from 7:00 a.m. to 7:00 p.m.

DASH West will run on 15-minute service from 6:30 a.m. to 6:00 p.m. on weekdays only (Monday – Friday)

DASH North will run on 20 minute service from 6:30 a.m. to 6:00 p.m. on weekdays only (Monday – Friday)

Hope Network

Hope Network Transportation will continue its transportation to medical appointments, trips to pharmacies and grocery stores and transportation to work. They are following the latest guidelines for cleaning and social distancing protocols.

Hope Network added “Red Bus Relief” to the list of services during the crisis. They are offering use of their buses for organizations needing transportation assistance. Contact foundation@hopenetwork.org for availability.

Food/Nutrition Resources

ENTF – Essential Needs Task Force

[This interactive map](#) from ENTF shows every location where organizations are offering food, shelter, safety and other services for those affected by COVID-19. Input your address and it can show where there are food sites close to you. Call 2-1-1 for more information.

Access of West Michigan

Contact info: erin@accessofwestmichigan.org

[A list](#) from Access of West Michigan with the changing hours/availability of local food pantries in West Michigan.

Grab ‘n Go Meal Sites in Kent County

Contact info: Call 2-1-1 for verbal info in English or Spanish

[A list of Grab n’ Go Meal Sites in Kent County from United Way of West Michigan.](#)

Grand Rapids Public Schools

Contact info: (616) 301-1111 or communications@grps.org

GRPS has five nutrition service “grab and go” meal sites. The sites will now be only Mondays and Thursdays from 11:30am to 12:30 pm. The meals will be a breakfast/lunch combo and are available for all students 18 years of age and younger. This includes students with disabilities ages 18-26 with an active individual education program (IEP). The meals are not limited to GRPS students.

They are implementing strict 6’ social distancing procedures. Parents will have to exit their vehicle for pick up. Sites are:

- City High Middle School (1720 Plainfield Ave. NE, Grand Rapids, MI 49505)
- Hope Academy (240 Brown St. SE, Grand Rapids, MI 49507)
- Ottawa Hills High School (2055 Rosewood Ave. SE, Grand Rapids, MI 49506)
- San Juan Diego Academy (1650 Godfrey Ave. SW, Wyoming, MI 49509)
- Sibley Elementary (943 Sibley St. NW, Grand Rapids, MI 49504)

Asian Community Outreach (ACO)

Contact info: Ms. Hue Vuong at covid.asiancommunitygr@gmail.com or (616) 528-0414

Asian Community Outreach (ACO) is pleased to announce their Covid- 19 Community Relief Initiative. They are providing vouchers to individuals and households in the Asian community in Kent County to use at designated participating grocery stores.

YMCA of Greater Grand Rapids:

Contact info: Visit www.grymca.org or call (616) 389-7304

Grab and Go Meal Sacks will be offered at the following locations from 11:30 am to 1:30 pm:

- Crossroads Alternative HS Kentwood: 28 60th St. SE, Grand Rapids, MI 49548
- Miss. Tracey’s Mercado:1043 Franklin St SE, Grand Rapids, MI 49507
- Madison Square Church: 1441 Madison Ave SE, Grand Rapids, MI 49507
- Casa de Cobija: 2355 Division Ave S, Grand Rapids, MI 49507
- New City Kids: 960 Alpine Ave NW, Grand Rapids, MI 49504
- David D. Hunting YMCA: 475 Lake Michigan Dr. NW Grand Rapids MI 49504
- Hispanic Center of West MI: 1204 Grandville Ave SW, GR 49503
- Oriole Park Elementary: 1420 40th St SW, Wyoming, MI 49509
- Railtown Brewing (Dutton Ele): 3595 68th St Caledonia MI 49316

You can walk up to any distribution table and there will be signage and staff able to assist you. The meals will be served “grab and go style” in parking lots or open spaces outside on the property. We may open additional sites if needed, or alter locations based on demand.



LINC UP

[LINC UP will be distributing](#) food for children from 10:30 am until 11:30 am on Monday, Wednesday, and Friday at 1167 Madison SE.

Baxter Community Center

Contact info: (616) 456-8593

Baxter Community Center (935 Baxter St SE, Grand Rapids, MI 49506) marketplace and greenhouse still open for people in the Baxter neighborhood

Godfrey Lee Elementary, ECC, and Lee High School/Middle School

Contact info: Godfrey Lee, 616-241-4722

Offering free sack lunch and breakfast to anyone under 18 from 10am - 12pm Monday - Friday until April 3rd.

Community Food Club

Contact info: 616-288-5550 or email admin@communityfoodclubgr.org

[A nonprofit grocery store model](#) providing fresh produce, dairy, meat, and dry goods for a monthly fee. Households receive \$80-\$100 worth of product for \$11-\$15 fee. Food orders are called in and delivered curbside.

The Other Way

Contact info: (616) 454.4011

[The Other Way \(706 W. Fulton St\)](#) is offering porch drop offs and curbside pickups to anyone and everyone.

Please call to verify times and locations.

Spartan Nash

Contact Info: Hotline (866) 586-2798

Participating Spartan Nash Stores (plus some independent stores!) have increased their Double Up learning limit to \$50/day (vs. \$20). To find the store closest to you and for more information, [check out their store locator](#).

Grocery Store Special Hours

Walmart: Senior Hours every Tuesday 6:00am-7:00am (3/24 through 4/28)

Meijer: Mondays & Wednesdays: 7am-8am

This time is reserved for essential service workers and Meijer Team Members.

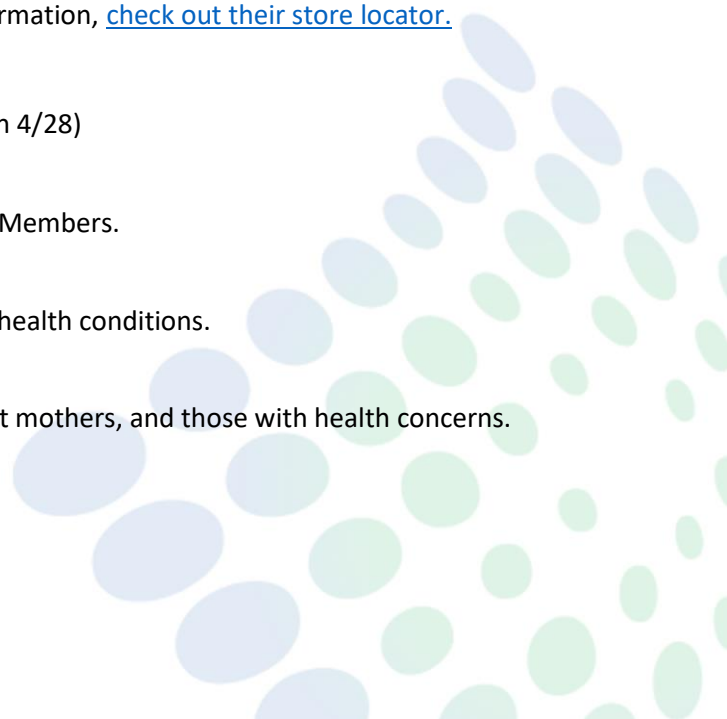
Tuesdays & Thursdays: 7am-8am

This time is reserved for senior citizens and customers with chronic health conditions.

Aldi: 8:30am-9:30am- Tuesdays & Thursdays

Reserved for vulnerable customers such as senior citizens, expectant mothers, and those with health concerns.

Check store websites for updates



UCOM Weekly Schedule for Food Pantry

Contact info: Call (616) 241-4006 from your car for assistance

Monday- 1-4 pm, Tuesday 9- 3pm, Wednesday- 9-3 pm, Thursday- 2-7pm, Friday, nothing as of now

Boys & Girls Club of Grand Rapids

Contact info: (616) 233-9370

Providing drive thru style dinner boxes and a snack from 4:30-5:30 PM Monday-Friday at any of their 3 sites

Steil Club: 235 Straight Ave NW Grand Rapids, MI 49504

Seidman Club: 139 Crofton St SE Grand Rapids, MI 49507

Paul I. Phillips Club: 726 Madison Ave SE Grand Rapids, MI 49507

Government Policy Resources

Stay Home Stay Safe Order

Gov. Gretchen Whitmer issued [a 'stay home, stay safe' executive order](#) on Monday morning for all Michigan residents starting at 12:01 a.m. on Tuesday, March 24 until April 13 at 11:59 p.m. You will still be able to leave your home for essential duties to sustain life.

Tax Filing

[The Treasury Secretary announced that](#) the deadline to file 2019 federal income taxes has been delayed until July 15, 2020. In addition, the deadline for federal estimated income tax payments for 2020, which was previously April 15, 2020, has also been delayed until July 15, 2020.

SNAP Benefits Important Update

Households not yet receiving the [maximum amount of SNAP benefits](#) for their household size will receive an additional amount on their EBT card, up to that maximum amount. This is only for households not yet at the maximum amount for their family size. March supplemental funds will be provided today, March 30th. April additional amounts will be received the day after the regular disbursement.

State Mandate on Evictions

Governor Whitmer has signed an executive order [putting a temporary suspension on evictions](#) in the state of Michigan. This will stay in effect until April 17

Unemployment Benefits

There is some expansion of benefits; able to receive unemployment if you must be the primary caregiver, benefits are extended to 26 weeks and the in-person component is waived. Online wait times are long, but are up and running.

Federal Government Stimulus package and COVID-19 Info

[Federal Government information](#) on Coronavirus, Aid, Relief and Economic Security (CARES) Act which was passed March 25 and includes stimulus checks for some families.

Health Care/Toiletries Resources

Spectrum Health COVID-19 Hotline

616.391.2380

Oasis of Hope

Contact info: Call 616-451-8868 to schedule

[Oasis of Hope \(522 Leonard St NW, Grand Rapids, MI 49504\)](#) is scheduling no cost remote medical and counselling visits for people without health insurance. They will reopen normal clinic hours when the stay at home order is lifted.

Baxter Community Center

Contact info: 616.456.8593 or <http://www.wearebaxter.org/>

Baxter Community Center (935 Baxter St SE, Grand Rapids, MI 49506) - community clinic still open

In the Image

has emergency services available for people in need of personal hygiene products and other basic items including diapers and formula.

Call 616.456.6150 or visit www.intheimage.org between the hours of 10am-2pm

Help Crisis Center

Contact info: 705 Bridge St NW Grand Rapids MI 40504 616-459-9139

Help Crisis Center is giving away diapers, wipes, and formula. Parent must call facility before going to pick up. They are also delivering these items for those with transportation barriers.

Pharmacy/Medication Delivery

Many pharmacies are offering free delivering during the COVID-19 Pandemic.

[CVS Pharmacy](#)

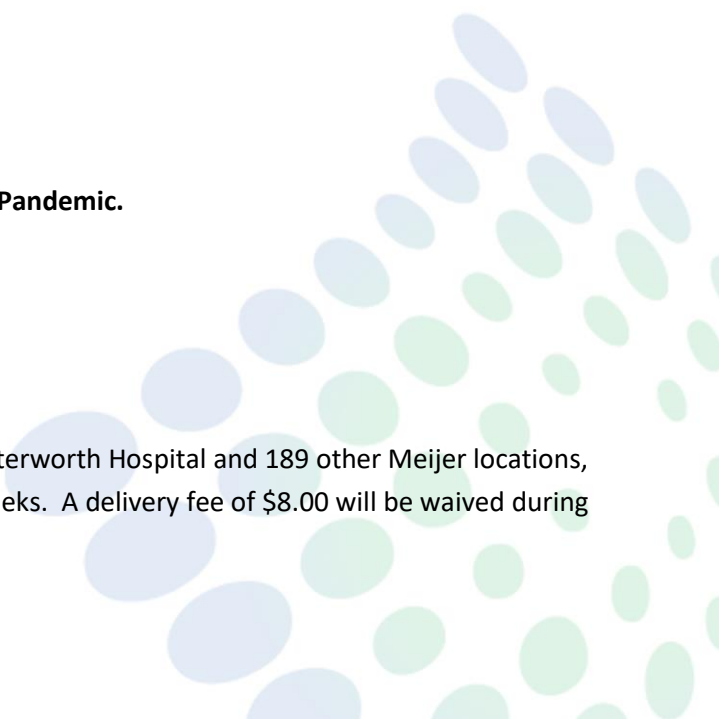
[Get My RX](#)

[Walgreens](#)

Find more info on their website or calling the pharmacy directly.

From Meijer Pharmacy:

Meijer Pharmacy announced home delivery from the location at Butterworth Hospital and 189 other Meijer locations, with more stores in our Meijer footprint rolling out in the coming weeks. A delivery fee of \$8.00 will be waived during the Covid-19 pandemic.



Fitness/Wellness

City of Grand Rapids Parks and Rec

City of Grand Rapids Parks and Recreation are offering [free virtual fitness classes](#) for anyone via Zoom

YMCA Virtual Fitness Classes

FREE [virtual fitness classes](#) for anyone—do not have to be a member

Free Yoga App through Down Dog

[Free for all until April](#), free for students and teachers until July

Planet Fitness

Planet Fitness is offering [streamed FB live classes](#) available for ALL for free

Educational Resources

Grand Rapids Public Library

[GRPL is closed](#), but they have many online resources

Home School Resources

<https://docs.google.com/spreadsheets/d/1F2FIG6hP35EVvU vIXr27PWrkMy77BRcl5iX2rKxzlyl/edit?usp=sharing>

ECIC 4 Kids [released resources for early childhood.](#)

[Giant list of ideas for being home with kids](#)

Free Educational Sites

A Google Document of [free educational sites.](#)

Cincinnati Zoo

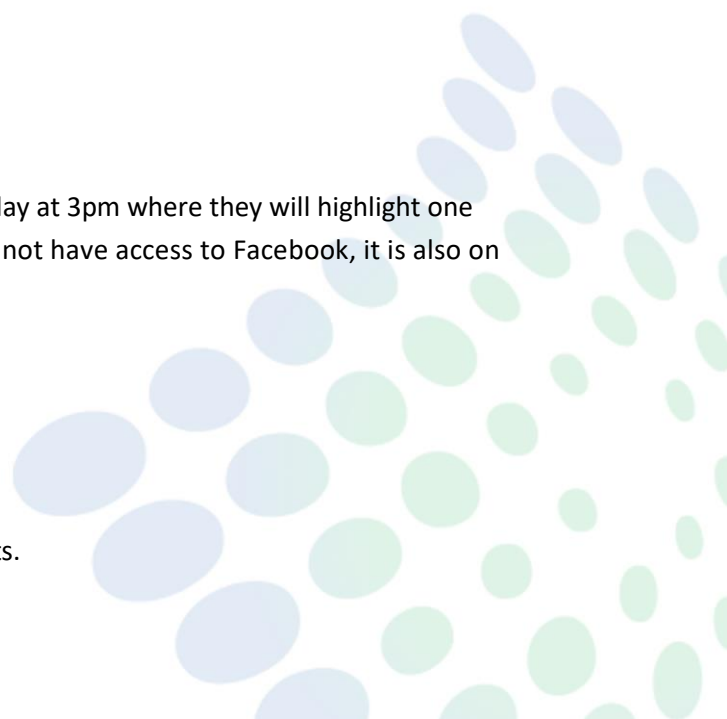
Cincinnati Zoo is doing [a Home Safari on Facebook Live](#) every weekday at 3pm where they will highlight one animal and include an activity you can do from home. If people do not have access to Facebook, it is also on YouTube and activities on their website

FitKids360 Verbal info

[COVID-19 Verbal Info](#) in Spanish for Kids/Parents from FitKids 360

Scholastic

Scholastic [has a free website](#) with educational resources for students.



Grand Rapids Kids

[21-day Home for the Day Challenge](#): 15-20 minute activities for kids streamed on FB Live

Emotional/Mental Health Support

COVID-19 Screening Hotline

A menu has been added to the COVID-19 screening hotline (833.559.0659) with the following options:

- If you are calling to schedule a COVID-19 screening, press 1.
- If you are experiencing increased anxiety or depression related to COVID-19, press 2.
- This menu will be active from 7 a.m. to 11 p.m. Between 11 p.m. and 7 a.m. the screening hotline will default to the previous set up without this menu.

Pine Rest

[Pine Rest has many resources](#) for individuals, professionals, and organizations for coping mentally with the coronavirus pandemic.

Safe Haven Ministries

Safe Haven's offices are closed, but services still available for people experiencing abuse.

Hotline: (616-452-6664)

Jewish Coalition Against Domestic Abuse (JCADA)

Contact info: 877-88-JCADA

The Jewish Coalition Against Domestic Abuse (JCADA) is safety planning with people who may be quarantined with their abuser. Their helpline is available during business hours for just this purpose. Available for non-Jews too!

YWCA Helpline

YWCA confidential helpline is still available 24/7 for people experiencing abuse

Helpline: 616.454.9922

Be Nice

[Be Nice has released resources](#) on navigating your mental health during a quarantine

Online AA Meetings during COVID-19

A list of [online Alcoholics Anonymous meetings](#) during COVID-19.

Taking Care of Your Mental Health in the Face of Uncertainty

[Resources](#) on taking care of your mental health.

The Crisis Text Line



Kent County Resources COVID-19



Text TALK to 741-741

Disaster Distress Helpline (Substance Abuse and Mental Health Services Administration).

Contact info: 1-800-985-5990

