

# Gukomeza guha amakuru abatuye muri Michigan

Virusi nshya ya Koronavirusi 2019 (COVID-19)

## Ibimenyetso



UMURIRO



GUkorora

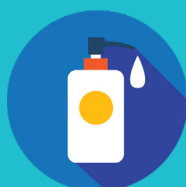


GUHUMEKA NABI

## Uburyo bwo kwirinda: Hera ku gukaraba intoki



SHYIRA AMAZI  
KU NTOKI



SHYIRAHU  
ISABUNE



UKUBE:  
AMASEGONDA 20



KARABA  
N'AMAZI



UMUTSA  
INTOKI

- Gukaraba intoki akenshi ukoresheje isabune n'amazi meza mu gihe cy'amasegonda 20 ni bwo buryo bworoshye kandi bwiza bwo kwirinda gukwirakwiza virusi.
- Kwirinda kwegera abantu barwaye.
- Gupfuka umunwa ukoresheje papiyemushwari igihe ukorora n'igihe witsamura.
- Kwirinda gukora mu maso, ku mazuru no ku munwa.
- Gukora isuku no gutera umuti wica udukoko kenshi ahantu hose no ku bintu byose.
- Kuguma mu rugo igihe urwaye, uretse igihe ugiye kwa muganga.



## Kwivuza

Hamagara ku murongo dutangiraho ubufasha bujyanye na virusi ya COVID-19 kuri **833.559.0659** cyangwa usure urubuga rwa **spectrumhealth.org/covid19** kugira ngo ukorerwe isuzuma ryihuse ku buntu.\*

Niba ufite ibimenyetso bishobora gushyira ubuzima mu kaga, hamagara kuri 911

*\*Turakwibutsa ko iryo suzuma ryihuse atari isuzuma ryimbitse rya virusi ya COVID-19.*