Disclaimer: Please note that this is a rapidly evolving situation. Resources may change hour by hour. Please contact the resource directly to verify that they are still providing the resource.

General Website Links for Facts on COVID-19

COVID-19 information from Spectrum Health

Spectrum Health has opened drive-thru COVID-19 testing by appointment

Spectrum Health symptoms and prevention flier

COVID-19 updates from District Health Department #10 Mecosta County

COVID-19 information from the CDC

COVID-19 information for Michigan

COVID-19 MDHHS Fact Sheet

COVID-19 updates from Central Michigan Health Department for Osceola County

COVID-19 effects on the processes of the criminal legal system in Mecosta County concerning children

Closings, delays, and cancellations in West Michigan

Mecosta and Osceola area food pantry directory

USCIS Public Charge

COVID-19 & Pregnancy Information

CDC Information on Pregnancy & Breastfeeding

Proper Hand Hygiene/Washing Video

District Health Department #10 on Facebook

Central Michigan Health Department on Facebook
Financial/Economic Security Resources

**Grand Rapids Area Mutual Aid**

Grand Rapids Area Mutual Aid is a community fund to get cash into hands of people who need it most for housing, childcare, medical needs, or other. You can request or donate money. You can also find more resources on their FB page, such as grocery delivery.

You can request funds anonymously. Grand Rapids Mutual Aid Network on Facebook

**Internet Access**

Effective Monday, March 16, 2020, Comcast is offering 2 months free to new Internet Essentials (low income) customers in response to recent and anticipated emergency measures associated with the Coronavirus (COVID-19).

Also, Internet companies, including AT&T, Comcast, Charter, Cox, Google Fiber, Sprint, Verizon and T-Mobile, won’t disconnect people for unpaid bills for 60 days, according to the FCC.

The City of Grand Rapids will suspend water service shutoffs through April 30 and accounts in shutoff status will be restored. Any participants who are currently shutoff should contact KCCA to have their service restored.

**Unemployment Toolkit**

Unemployment Toolkit to help navigate the process in order to receive benefits.

**Michigan Bridge**

Michigan Bridge has released a list of resources where families can get food, cash, and internet during the COVID-19 pandemic.

**Transportation**

**The Rapid**

Effective Monday, April 6, 2020, the Rapid will implement changes to bus service to minimize crowding, maximize social distancing, and meet ridership demands.

Routes listed here will operate 30-minute service every weekday (Monday-Friday) from 7 a.m. - 7 p.m. until further notice:

- Route 1 (Division)
- Route 2 (Kalamazoo)
- Route 4 (Eastern)
- Route 9 (Alpine)
The following routes will continue to operate 60-minute (hourly) service seven days per week from 7 a.m. - 7 p.m. until further notice:

- Route 6 (Eastown/Woodland)
- Route 7 (West Leonard)
- Route 8 (Grandville/Rivertown Crossing)
- Route 10 (Clyde Park)
- Route 11 (Plainfield)
- Route 13 (Michigan Fuller - North)
- Route 15 (East Leonard)
- Route 16 (Wyoming Metro Health Village)

Other route details:

- Silver Line will continue to operate on 30-minute service seven days per week
- Route 50 (GVSU Campus Connector) will operate on 50-minute service seven days per week
- Route 85 (GVSU Campus Circulator) will operate on 25-minute service seven days per week from 7:00 a.m. to 7:00 p.m.

The City of Grand Rapids DASH routes will be suspended effective April 6, 2020.

Hope Network
Hope Network Transportation will continue its transportation to medical appointments, trips to pharmacies and grocery stores and transportation to work. They are following the latest guidelines for cleaning and social distancing protocols.

Hope Network added “Red Bus Relief” to the list of services during the crisis. They are offering use of their buses for organizations needing transportation assistance. Contact foundation@hopenetwork.org for availability.

Food/Nutrition Resources

Access of West Michigan
Contact info: erin@accessofwestmichigan.org
A list from Access of West Michigan with the changing hours/availability of local food pantries in West Michigan.

Grab ‘n Go Meal Sites in Kent County
Contact info: Call 2-1-1 for verbal info in English or Spanish
A list of Grab n’ Go Meal Sites in Kent County from United Way of West Michigan.
**Grand Rapids Public Schools**  
*Contact info: (616) 301-1111 or communications@grps.org*

GRPS has five nutrition service “grab and go” meal sites. The sites will now be only Mondays and Thursdays from 11:30am to 12:30 pm. The meals will be a breakfast/lunch combo and are available for all students 18 years of age and younger. This includes students with disabilities ages 18-26 with an active individual education program (IEP). The meals are not limited to GRPS students.

They are implementing strict 6’ social distancing procedures. Parents will have to exit their vehicle for pick up. Sites are:

- City High Middle School (1720 Plainfield Ave. NE, Grand Rapids, MI 49505)
- Hope Academy (240 Brown St. SE, Grand Rapids, MI 49507)
- Ottawa Hills High School (2055 Rosewood Ave. SE, Grand Rapids, MI 49506)
- San Juan Diego Academy (1650 Godfrey Ave. SW, Wyoming, MI 49509)
- Sibley Elementary (943 Sibley St. NW, Grand Rapids, MI 49504)

**Asian Community Outreach (ACO)**  
*Contact info: Ms. Hue Vuong at covid.asiancommunitygr@gmail.com or (616) 528-0414*

Asian Community Outreach (ACO) is pleased to announce their Covid-19 Community Relief Initiative. They are providing vouchers to individuals and households in the Asian community in Kent County to use at designated participating grocery stores.

**YMCA of Greater Grand Rapids:**  
*Contact info: Visit [www.grymca.org](http://www.grymca.org) or call (616) 389-7304*

Grab and Go Meal Sacks will be offered at the following locations from 11:30 am to 1:30 pm:

- Crossroads Alternative HS Kentwood: 28 60th St. SE, Grand Rapids, MI 49548
- Miss. Tracey’s Mercado:1043 Franklin St SE, Grand Rapids, MI 49507
- Madison Square Church: 1441 Madison Ave SE, Grand Rapids, MI 49507
- Casa de Cobija: 2355 Division Ave S, Grand Rapids, MI 49507
- New City Kids: 960 Alpine Ave NW, Grand Rapids, MI 49504
- David D. Hunting YMCA: 475 Lake Michigan Dr. NW Grand Rapids MI 49504
- Hispanic Center of West MI: 1204 Grandville Ave SW, GR 49503
- Oriole Park Elementary: 1420 40th St SW, Wyoming, MI 49509
- Railtown Brewing (Dutton Ele): 3595 68th St Caledonia MI 49316

You can walk up to any distribution table and there will be signage and staff able to assist you. The meals will be served “grab and go style” in parking lots or open spaces outside on the property. We may open additional sites if needed, or alter locations based on demand.
**Senior Neighbors Meal Distribution Sites**

- **Sparta Senior Center** (located at 100 Ida Red; Harvest Way; Sparta, MI 49345) hands out five freezer meals for the week from MOWWM on Thursday’s from 10:00 am - 12:30 pm. The person who would like to come and pick up these meals has to be 60+ and call by Tuesday of the same week by 2:00 pm. That phone number is 616.887.1273. They also have the capability to deliver meals in the area using bus drivers – but again these meals have to be ordered by Tuesday. They ask for a $2.75 donation per meal, but do not refuse anyone if they cannot pay. Also, during this time on Thursday’s we will be handing out baked goods as long as the supply lasts.

- **Grandville Senior Center** (located at 3380 Division; Grandville, MI 49418) hands out five freezer meals for the week from MOWWM. The day they do this is on Monday’s from 10:00 am - 1:00 pm. The person who would like to come and pick up these meals has to be 60+ and call by the prior Thursday by 3:00 pm. That phone number is 616.531.5250. They also have the capability to deliver meals in the area using our bus drivers – but again these meals have to be ordered by Thursday. They ask for a $2.75 donation per meal, but do not refuse anyone if they cannot pay.

- **Grand Rapids Senior Center** (located at 333 Division Ave. S; Suite 100; Grand Rapids, MI 49503) hands out a boxed lunch from MOWWM daily (M-F). Seniors have to be 60+ and they will be handed out until all the lunches are gone. They ask for a $2.00 donation for these meals but do not refuse anyone if they cannot pay.

**LINC UP**

*LINC UP will be distributing* food for children from 10:30 am until 11:30 am on Monday, Wednesday, and Friday at 1167 Madison SE.

**Baxter Community Center**

*Contact info: (616) 456-8593*

Baxter Community Center (935 Baxter St SE, Grand Rapids, MI 49506) marketplace and greenhouse still open for people in the Baxter neighborhood.

**Godfrey Lee Elementary, ECC, and Lee High School/Middle School**

*Contact info: Godfrey Lee, 616-241-4722*

Offering free sack lunch and breakfast to anyone under 18 from 10am - 12pm Monday - Friday until April 3rd.

**Community Food Club**

*Contact info: 616-288-5550 or email admin@communityfoodclubgr.org*

A nonprofit grocery store model providing fresh produce, dairy, meat, and dry goods for a monthly fee. Households receive $80-$100 worth of product for $11-$15 fee. Food orders are called in and delivered curbside.

**The Other Way**

*Contact info: (616) 454.4011*

*The Other Way (706 W. Fulton St)* is offering porch drop offs and curbside pickups to anyone and everyone. Please call to verify times and locations.
Spartan Nash

Contact Info: Hotline (866) 586-2798

Participating Spartan Nash Stores (plus some independent stores!) have increased their Double Up learning limit to $50/day (vs. $20). To find the store closest to you and for more information, check out their store locator.

Grocery Store Special Hours

Walmart: Senior Hours every Tuesday 6:00am-7:00am (3/24 through 4/28)

Meijer: Mondays & Wednesdays: 7am-8am
This time is reserved for essential service workers and Meijer Team Members.

Tuesdays & Thursdays: 7am-8am
This time is reserved for senior citizens and customers with chronic health conditions.

Aldi: 8:30am-9:30am- Tuesdays & Thursdays
Reserved for vulnerable customers such as senior citizens, expectant mothers, and those with health concerns.

Check store websites for updates

UCOM Weekly Schedule for Food Pantry

Contact info: Call (616) 241-4006 from your car for assistance

Monday- 1-4 pm, Tuesday 9- 3pm, Wednesday- 9-3 pm, Thursday- 2-7pm, Friday, nothing as of now

Boys & Girls Club of Grand Rapids

Contact info: (616) 233-9370

Providing drive thru style dinner boxes and a snack from 4:30-5:30 PM Monday-Friday at any of their 3 sites

Steil Club: 235 Straight Ave NW Grand Rapids, MI 49504
Seidman Club: 139 Crofton St SE Grand Rapids, MI 49507
Paul I. Phillips Club: 726 Madison Ave SE Grand Rapids, MI 49507

Government Policy Resources

Stay Home Stay Safe Order

Gov. Gretchen Whitmer issued a ‘stay home, stay safe’ executive order on Monday morning for all Michigan residents starting at 12:01 a.m. on Tuesday, March 24 until April 13 at 11:59 p.m. You will still be able to leave your home for essential duties to sustain life.

Tax Filing

The Treasury Secretary announced that the deadline to file 2019 federal income taxes has been delayed until July 15, 2020. In addition, the deadline for federal estimated income tax payments for 2020, which was previously April 15, 2020, has also been delayed until July 15, 2020.
SNAP Benefits Important Update
Households not yet receiving the [maximum amount of SNAP benefits](https://www.fns.usda.gov/snap) for their household size will receive an additional amount on their EBT card, up to that maximum amount. This is only for households not yet at the maximum amount for their family size. March supplemental funds will be provided today, March 30th. April additional amounts will be received the day after the regular disbursement.

State Mandate on Evictions
Governor Whitmer has signed an executive order [putting a temporary suspension on evictions](https://www.gwu.edu/~mattbarrett/evictionlaw_gw.pdf) in the state of Michigan. This will stay in effect until April 17

Unemployment Benefits
There is [some expansion of benefits](https://unemploymentbenefits.net); able to receive unemployment if you must be the primary caregiver, benefits are extended to 26 weeks and the in-person component is waived. Online wait times are long but are up and running.

Federal Government Stimulus package and COVID-19 Info
[Federal Government information](https://www.gwu.edu/~mattbarrett/evictionlaw_gw.pdf) on Coronavirus, Aid, Relief and Economic Security (CARES) Act which was passed March 25 and includes stimulus checks for some families.

Health Care/Hygiene
Spectrum Health COVID-19 Hotline
Spectrum health has a hotline 616.391.2380, call this if you are experiencing symptoms. Call 9-1-1 if symptoms are life threatening.

Oasis of Hope
*Contact info: Call 616-451-8868 to schedule*
Oasis of Hope (522 Leonard St NW, Grand Rapids, MI 49504) is scheduling no cost remote medical and counselling visits for people without health insurance. They will reopen normal clinic hours when the stay at home order is lifted.

Baxter Community Center
*Contact info: 616.456.8593 or [http://www.wearebaxter.org/](http://www.wearebaxter.org/)*
Baxter Community Center (935 Baxter St SE, Grand Rapids, MI 49506) - community clinic still open

In the Image
has emergency services available for people in need of personal hygiene products and other basic items including diapers and formula.
Call 616.456.6150 or visit [www.intheimage.org](http://www.intheimage.org) between the hours of 10am-2pm
Help Crisis Center

Contact info: 705 Bridge St NW Grand Rapids MI 40504 616-459-9139

Help Crisis Center is giving away diapers, wipes, and formula. Parent must call facility before going to pick up. They are also delivering these items for those with transportation barriers.

Pharmacy/Medication Delivery

Many pharmacies are offering free delivering during the COVID-19 Pandemic.

CVS Pharmacy
Get My RX
Walgreens

Find more info on their website or calling the pharmacy directly.

From Meijer Pharmacy:
Meijer Pharmacy announced home delivery from the location at Butterworth Hospital and 189 other Meijer locations, with more stores in our Meijer footprint rolling out in the coming weeks. A delivery fee of $8.00 will be waived during the Covid-19 pandemic.

Fitness/Wellness

City of Grand Rapids Parks and Rec

City of Grand Rapids Parks and Recreation are offering free virtual fitness classes for anyone via Zoom

YMCA Virtual Fitness Classes
FREE virtual fitness classes for anyone—do not have to be a member

Free Yoga App through Down Dog
Free for all until April, free for students and teachers until July

Planet Fitness
Planet Fitness is offering streamed FB live classes available for ALL for free

Educational Resources

Grand Rapids Public Library
GRPL is closed, but they have many online resources

Home School Resources
https://docs.google.com/spreadsheets/d/1F2FfI6hP35EVvVvU vIXr27PWrkMy77BRcl5iX2rKxzIyl/edit?usp=sharing
ECIC 4 Kids [released resources for early childhood](#).

Giant list of ideas for being home with kids

**Free Educational Sites**
A Google Document of [free educational sites](#).

**Cincinnati Zoo**
Cincinnati Zoo is doing a [Home Safari on Facebook Live](#) every weekday at 3pm where they will highlight one animal and include an activity you can do from home. If people do not have access to Facebook, it is also on YouTube and activities on their website.

**FitKids360 Verbal info**
[COVID-19 Verbal Info](#) in Spanish for Kids/Parents from FitKids 360

**Scholastic**
Scholastic has a free website with educational resources for students.

**Grand Rapids Kids**
[21-day Home for the Day Challenge](#): 15-20 minute activities for kids streamed on FB Live

**Emotional/Mental Health Support**

**COVID-19 Screening Hotline**
A menu has been added to the COVID-19 screening hotline (833.559.0659) with the following options:
- If you are calling to schedule a COVID-19 screening, press 1.
- If you are experiencing increased anxiety or depression related to COVID-19, press 2.
This menu will be active from 7 a.m. to 11 p.m. Between 11 p.m. and 7 a.m. the screening hotline will default to the previous set up without this menu.

**Pine Rest**
Pine Rest [has many resources](#) for individuals, professionals, and organizations for coping mentally with the coronavirus pandemic.

**Safe Haven Ministries**
Safe Haven’s offices are closed, but services still available for people experiencing abuse.
Hotline: (616-452-6664)
Jewish Coalition Against Domestic Abuse (JCADA)
Contact info: 877-88-JCADA
The Jewish Coalition Against Domestic Abuse (JCADA) is safety planning with people who may be quarantined with their abuser. Their helpline is available during business hours for just this purpose. Available for non-Jews too!

YWCA Helpline
YWCA confidential helpline is still available 24/7 for people experiencing abuse
Helpline: 616.454.9922

Be Nice
Be Nice has released resources on navigating your mental health during a quarantine

Online AA Meetings during COVID-19
A list of online Alcoholics Anonymous meetings during COVID-19.

Taking Care of Your Mental Health in the Face of Uncertainty
Resources on taking care of your mental health.

The Crisis Text Line
Text TALK to 741-741

Disaster Distress Helpline (Substance Abuse and Mental Health Services Administration).
Contact info: 1-800-985-5990